

EVENT WISE RESULTS

Chhattisgarh Raipur

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POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
ATHLETICS - 100 M RACE MEN OPEN			
MEN OPEN			
1	ANIMESH KUJUR	CHHATTISGARH	10.20 Sec
2	JOEL PINHEIRO	CHHATTISGARH	11.06 Sec
3	KANNAN C	KERALA	11.07 Sec
4	AZIJUL HAQUE	ASSAM	11.29 Sec
ATHLETICS - 100 M RACE MEN VETERAN			
MEN VETERAN			
1	RATHEESH KUMAR G	KERALA	11.97 Sec
2	RAMKUMAR BAIGA	MADHYA PRADESH	12.85 Sec
3	SANTHOSH T R	KERALA	13.00 Sec
4	HEMANTHA D P	KARNATAKA	13.11 Sec
ATHLETICS - 100 M RACE MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	JAYAKUMAR P R	KERALA	13.55 Sec
2	JAYAPRAKASHAN V	KERALA	13.70 Sec
3	HARADHAN BHOI	ODISHA	13.91 Sec
4	PURNA CHANDRA TRIPATHY	ODISHA	14.05 Sec
ATHLETICS - 100 M RACE WOMEN OPEN			
WOMEN OPEN			
1	ANU R	KERALA	11.99 SEC Sec
2	TARNIKA TETA	CHHATTISGARH	12.01 SEC Sec
3	SANGHAMITRA PAUL	ASSAM	13.35 SEC Sec
4	HIMANI DHANARE	MAHARASHTRA	13.69 SEC Sec
ATHLETICS - 100 M RACE WOMEN VETERAN			
WOMEN VETERAN			

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	ANITA KORRAM	CHHATTISGARH	1:54.91 Sec
2	CHARULATA GAJPAL	CHHATTISGARH	1:55.80 Sec
3	VALLIYAMMA R	KERALA	2:02.73 Sec
4	ANITHA KUMARI D	KERALA	2:06.96 Sec

ATHLETICS - 100 M RACE WOMEN SENIOR VETERAN

WOMEN SENIOR VETERAN

1	SHAMLA V M	KERALA	17.69 m Sec
2	SHYLAJA K A	KERALA	19.65 m Sec
3	GANGA BACHLE	MADHYA PRADESH	20.76 m Sec
4	ANASUYAMMA H Y	KARNATAKA	20.87 m Sec

ATHLETICS - 200 M RACE MEN OPEN

MEN OPEN

1	ANIMESH KUJUR	CHHATTISGARH	20.72 Sec
2	RAJESH KUMAR M	TAMIL NADU	22.88 Sec
3	MD NUR AHMED	ASSAM	23.80 Sec
4	ASHWIN M J	KARNATAKA	23.90 Sec

ATHLETICS - 200 M RACE MEN VETERAN

MEN VETERAN

1	HEMANTHA D P	KARNATAKA	27.06 Sec
2	SANTHOSH T R	KERALA	27.92 Sec
3	JAGADISH MAHATA	WEST BENGAL	28.34 Sec
4	RAKESH KUMAR	JAMMU AND KASHMIR	29.11 Sec

ATHLETICS - 200 M RACE MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	JAYAKUMAR P R	KERALA	28.70 Sec
2	JAYAPRAKASHAN V	KERALA	28.73 Sec
3	PURNA CHANDRA TRIPATHY	ODISHA	29.77 Sec
4	HARADHAN BHOI	ODISHA	29.86 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
ATHLETICS - 200 M RACE WOMEN OPEN			
WOMEN OPEN			
1	TARNIKA TETA	CHHATTISGARH	25.15 Sec
2	ANU R	KERALA	25.21 Sec
3	BINKI CHAMUA	ASSAM	28.64 Sec
4	HIMANI DHANARE	MAHARASHTRA	28.79 Sec
ATHLETICS - 200 M RACE WOMEN VETERAN			
WOMEN VETERAN			
1	CHARULATA GAJPAL	CHHATTISGARH	33.74 Sec
2	POKHILA ENGTIPI	ASSAM	34.51 Sec
3	VALLIYAMMA R	KERALA	35.17 Sec
4	SINDU AYODAN	KERALA	37.12 Sec
ATHLETICS - 400 M RACE MEN OPEN			
MEN OPEN			
1	RAJESH KUMAR M	TAMIL NADU	50.54 Sec
2	ROHIT MALAKAR	ASSAM	53.34 Sec
3	ASHWIN M J	KARNATAKA	53.69 Sec
4	SURAJ JYOTI BORA	ASSAM	54.33 Sec
ATHLETICS - 400 M RACE MEN VETERAN			
MEN VETERAN			
1	KUNJUMON P A	KERALA	59.90 Sec
2	SURENDRAN V	KERALA	1:00.70 Sec
3	SUKHNANDAN LAL DHRUW	CHHATTISGARH	1:03.43 Sec
4	SINGRAY PURTY	ODISHA	1:04.25 Sec
ATHLETICS - 400 M RACE MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	JAYAKUMAR P R	KERALA	1:07.30 Sec
2	JOY GOPAL BARMAN	ASSAM	1:07.80 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	ASHOK SONONE	MAHARASHTRA	1:08.90 Sec
4	AKRAM KHAN	MAHARASHTRA	1:10.60 Sec

ATHLETICS - 400 M RACE WOMEN OPEN

WOMEN OPEN

1	THOTA SANKEERTANA	CHHATTISGARH	58.34 Sec
2	TARNIKA TETA	CHHATTISGARH	58.95 Sec
3	BINKI CHAMUA	ASSAM	1:06.64 Sec
4	MANISHA THAKUR	HIMACHAL PRADESH	1:10.73 Sec

ATHLETICS - 400 M WALK WOMEN OPEN

WOMEN OPEN

1	SUSHILA PAIKARA	CHHATTISGARH	1:45.78 Sec
2	VANITA KHAWAS	MAHARASHTRA	1:50.45 Sec
3	SHRAVANI PAWAR	MAHARASHTRA	1:55.67 Sec
4	SANDEEP KAUR	PUNJAB	1:58.45 Sec

ATHLETICS - 400 M WALK WOMEN VETERAN

WOMEN VETERAN

1	ASHAMANI SAHOO	ODISHA	1:50.50 Sec
2	NIROJ S	CHHATTISGARH	1:54.88 Sec
3	POKHILA ENGTIPI	ASSAM	1:57.88 Sec
4	BARNALI PAUL	WEST BENGAL	2:10.34 Sec

ATHLETICS - 400 M WALK WOMEN SENIOR VETERAN

WOMEN SENIOR VETERAN

1	SHAMLA V M	KERALA	2:23.20 Sec
2	NAGARATHNA YANE NAGAMMA	KARNATAKA	2:28.10 Sec
3	SAROJ RAJPUT	CHHATTISGARH	2:30.20 Sec
4	JAMNA BAI TAVAR	MADHYA PRADESH	2:36.45 Sec

ATHLETICS - 800 M RACE MEN OPEN

MEN OPEN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	ANKIT KUMAR	UTTARAKHAND	2:02.37 Sec
2	AKHIL A JADHAV	MAHARASHTRA	2:05.76 Sec
3	YUDHISHTHIR KUMAR SAHU	CHHATTISGARH	2:07.11 Sec
4	RAY SINGH	UTTARAKHAND	2:09.71 Sec

ATHLETICS - 800 M RACE MEN VETERAN

MEN VETERAN

1	SUKHNANDAN LAL DHRUW	CHHATTISGARH	2:22.10 Sec
2	CHANDRASEKHARAN OTTUPPARA	KERALA	2:28.80 Sec
3	SINGRAY PURTY	ODISHA	2:38.80 Sec
4	UTHAYAKUMAR K	TAMIL NADU	2:42.40 Sec

ATHLETICS - 800 M RACE WOMEN OPEN

WOMEN OPEN

1	THOTA SANKEERTANA	CHHATTISGARH	2:25.00 Sec
2	ROHINI L PATIL	MAHARASHTRA	2:27.00 Sec
3	BHARTI SAHU	CHHATTISGARH	2:38.00 Sec
4	KALPANA GOUND	MADHYA PRADESH	3:28.00 Sec

ATHLETICS - 800 M WALK MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	UTHAYAKUMAR K	TAMIL NADU	4:20.33 Sec
2	HEMNATH SAHU	CHHATTISGARH	4:51.88 Sec
3	SATENDRA KUMAR VERMA	CHHATTISGARH	5:01.43 Sec
4	V SAMBAIAH	TELANGANA	5:34.67 Sec

ATHLETICS - 800 M WALK WOMEN OPEN

WOMEN OPEN

1	SUSHILA PAIKARA	CHHATTISGARH	4:18.20 Sec
2	VANITA KHAWAS	MAHARASHTRA	4:22.40 Sec
3	SANDEEP KAUR	PUNJAB	4:28.80 Sec
4	SAJINA B	KERALA	4:36.90 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
ATHLETICS - 800 M WALK WOMEN VETERAN			
WOMEN VETERAN			
1	ASHAMANI SAHOO	ODISHA	4:34.00 Sec
2	NIROJ S	CHHATTISGARH	4:36.00 Sec
3	POKHILA ENGTIPI	ASSAM	4:49.00 Sec
4	SINDU AYODAN	KERALA	5:25.00 Sec
ATHLETICS - 800 M WALK WOMEN SENIOR VETERAN			
WOMEN SENIOR VETERAN			
1	NAGARATHNA YANE NAGAMMA	KARNATAKA	5:55.00 Sec
2	SHAMLA V M	KERALA	5:58.00 Sec
3	SAROJ RAJPUT	CHHATTISGARH	6:00.00 Sec
4	MADHU SHARMA	CHHATTISGARH	6:08.00 Sec
ATHLETICS - 1500 M RACE MEN OPEN			
MEN OPEN			
1	VIVEK MORE	MAHARASHTRA	3:56.40 Sec
2	ANKIT KUMAR	UTTARAKHAND	3:57.81 Sec
3	YUDHISHTHIR KUMAR SAHU	CHHATTISGARH	4:12.93 Sec
4	SAMIM AHMED	ASSAM	4:15.61 Sec
ATHLETICS - 1500 M RACE MEN VETERAN			
MEN VETERAN			
1	SUKHNANDAN LAL DHRUW	CHHATTISGARH	4:58.34 Sec
2	CHANDRASEKHARAN OTTUPPARA	KERALA	5:19.09 Sec
3	SYNSHARLIN SOHSHANG	MEGHALAYA	5:20.83 Sec
4	PRAGASH R	TAMIL NADU	5:43.32 Sec
ATHLETICS - 1500 M RACE WOMEN OPEN			
WOMEN OPEN			
1	THOTA SANKEERTANA	CHHATTISGARH	4:56.01 Sec
2	ROHINI L PATIL	MAHARASHTRA	4:57.87 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	BHARTI SAHU	CHHATTISGARH	5:34.01 Sec
4	MANISHA THAKUR	HIMACHAL PRADESH	5:57.13 Sec

ATHLETICS - 1500 M WALK MEN VETERAN

MEN VETERAN

1	MANI M P	KERALA	8:17.78 Sec
2	RAMDEV YADAV	UTTAR PRADESH	8:20.71 Sec
3	RUPESH V P	KERALA	8:29.90 Sec
4	A S PATHAN	MAHARASHTRA	8:49.27 Sec

ATHLETICS - 1500 M WALK MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	NANJUNDAN K	TAMIL NADU	9:26.00 Sec
2	HEMNATH SAHU	CHHATTISGARH	9:39.00 Sec
3	MAHENDRA KUMAR SHARMA	RAJASTHAN	9:49.00 Sec
4	SATENDRA KUMAR VERMA	CHHATTISGARH	9:59.00 Sec

ATHLETICS - 5000 M RACE MEN OPEN

MEN OPEN

1	ANKIT KUMAR	UTTARAKHAND	14:48.10 Sec
2	VIVEK MORE	MAHARASHTRA	15:31.46 Sec
3	YUDHISHTHIR KUMAR SAHU	CHHATTISGARH	16:46.27 Sec
4	JOMSINGSTAR RAMSIEJ	MEGHALAYA	16:46.27 Sec

ATHLETICS - 5000 M RACE MEN VETERAN

MEN VETERAN

1	SUKHNANDAN LAL DHRUW	CHHATTISGARH	18:17.23 Sec
2	SYNSHARLIN SOHSHANG	MEGHALAYA	20:07.27 Sec
3	RUPESH V P	KERALA	20:19.27 Sec
4	ANUP JYOTI BANIYA	SIKKIM	20:30.88 Sec

ATHLETICS - 5000 M RACE MEN SENIOR VETERAN

MEN SENIOR VETERAN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	UTHAYAKUMAR K	TAMIL NADU	20:24.23 Sec
2	RAM KUMAR	UTTAR PRADESH	21:03.54 Sec
3	NANJUNDAN K	TAMIL NADU	21:51.49 Sec
4	SURESH PANT	ODISHA	23:30.82 Sec

ATHLETICS - 5000 M RACE WOMEN OPEN

WOMEN OPEN

1	THOTA SANKEERTANA	CHHATTISGARH	18:59.62 Sec
2	ARCHANA K M	KARNATAKA	19:29.84 Sec
3	BHARTI SAHU	CHHATTISGARH	20:36.74 Sec
4	ACHAL KADUKAR	MAHARASHTRA	21:08.54 Sec

ATHLETICS - 10000 M WALK MEN OPEN

MEN OPEN

1	BHUPESH SAHU	CHHATTISGARH	47:16.56 Sec
2	DATTARAM DALVI	MAHARASHTRA	48:11.53 Sec
3	KARTHICK RAJA P	TAMIL NADU	56:52.19 Sec
4	D MANSING	TELANGANA	1:00:06.36 Sec

ATHLETICS - 10000 M WALK MEN VETERAN

MEN VETERAN

1	SABU M	KERALA	1:05:17.37 Sec
2	MANI M P	KERALA	1:05:56.13 Sec
3	A S PATHAN	MAHARASHTRA	1:09:41.80 Sec
4	RAMDEV YADAV	UTTAR PRADESH	1:10:12.48 Sec

ATHLETICS - 10000 M WALK MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	UTHAYAKUMAR K	TAMIL NADU	1:09:07.43 Sec
2	NANJUNDAN K	TAMIL NADU	1:10:08.39 Sec
3	MAHENDRA KUMAR SHARMA	RAJASTHAN	1:12:51.32 Sec
4	VAIDEHI CHARAN RAWAT	MADHYA PRADESH	1:13:11.44 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
ATHLETICS - 25 KM. MARATHON MEN OPEN			
MEN OPEN			
1	ANKIT KUMAR	UTTARAKHAND	1::27:11 Sec
2	VIVEK MORE	MAHARASHTRA	1::28:32 Sec
3	JOMSINGSTAR RAMSIEJ	MEGHALAYA	1::33:12 Sec
4	YUDHISHTHIR KUMAR SAHU	CHHATTISGARH	1::34:40 Sec
ATHLETICS - 25 KM. MARATHON MEN VETERAN			
MEN VETERAN			
1	SUKHNANDAN LAL DHRUW	CHHATTISGARH	1::45:43 Sec
2	MANI M P	KERALA	1::58:15 Sec
3	ANUP JYOTI BANIYA	SIKKIM	1::59:34 Sec
4	MAHENDRA KUMAR PALECHA	MADHYA PRADESH	2::01:28 Sec
ATHLETICS - 25 KM. MARATHON MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	UTHAYAKUMAR K	TAMIL NADU	2::11:46 Sec
2	NANJUNDAN K	TAMIL NADU	2::14:47 Sec
3	VIJENDER SINGH	UTTARAKHAND	2::17:28 Sec
4	SURESH PANT	ODISHA	2::17:53 Sec
ATHLETICS - 21 KM. MARATHON WOMEN OPEN			
WOMEN OPEN			
1	BHARTI SAHU	CHHATTISGARH	1:36:03.83 Sec
2	ARCHANA K M	KARNATAKA	1:43:50.19 Sec
3	ACHAL KADUKAR	MAHARASHTRA	1:45:16.99 Sec
4	MADHUSMITA BASUMATARY	ASSAM	2:05:18.07 Sec
ATHLETICS - 21 KM. MARATHON WOMEN VETERAN			
WOMEN VETERAN			
1	SATOVISHA SAMAJDAR	CHHATTISGARH	2:07:20.07 Sec
2	SINDU AYODAN	KERALA	2:36:15.87 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	KUNJULAKSHMI K M	KERALA	2:36:30.16 Sec
4	KHAJA BI	TELANGANA	2:58:45.57 Sec

ATHLETICS - 21 KM. MARATHON WOMEN SENIOR VETERAN

WOMEN SENIOR VETERAN

1	MEENAKSHI JOSHI	UTTARAKHAND	3:13:17.93 Sec
2	SAVITA SEMWAL	FSI	3:48:07.82 Sec

ATHLETICS - 100 M HURDLES WOMEN OPEN

WOMEN OPEN

1	ANU R	KERALA	16.14 Sec
2	VINUTA NAIK	KARNATAKA	20.18 Sec
3	SHRAVANI PAWAR	MAHARASHTRA	22.65 Sec
4	RAJSHREE NAGOSE	MAHARASHTRA	22.69 Sec

ATHLETICS - 110 M HURDLES MEN OPEN

MEN OPEN

1	KRISHNA DUBEY	CHHATTISGARH	15.93 Sec
2	SUMANTH M K	KARNATAKA	19.03 Sec
3	DHANURJAY KUMAR KASHYAP	CHHATTISGARH	19.29 Sec
4	JAYESHBHAI RATNABHAI CHAVDA	GUJARAT	19.57 Sec

ATHLETICS - 110 M HURDLES MEN VETERAN

MEN VETERAN

1	NARENDER PAL SINGH	HARYANA	20.68 Sec
2	SAJI K V	KERALA	22.39 Sec
3	KUNJUMON P A	KERALA	22.51 Sec
4	EPILI SOMESWAR RAO	ODISHA	25.11 Sec

ATHLETICS - 110 M HURDLES MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	JAYAKUMAR P R	KERALA	20.74 Sec
2	AMBILIKUTTAN P K	KERALA	21.38 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	MOHANARAJAN K	TAMIL NADU	22.32 Sec
4	SHIVANNA NARAYAN GOUDA	KARNATAKA	25.73 Sec

ATHLETICS - LONG JUMP MEN OPEN

MEN OPEN

1	SATYJEET BHATT	CHHATTISGARH	6:64 Mtrs
2	SATYANARAYAN V VERNEKAR	KARNATAKA	6:40 Mtrs
3	YALAM SANDEEP	CHHATTISGARH	6;26 Mtrs
4	BARNABASS S	TAMIL NADU	6;20 Mtrs

ATHLETICS - LONG JUMP MEN VETERAN

MEN VETERAN

1	RATHEESH KUMAR G	KERALA	5.07 Mtrs
2	RAMKUMAR BAIGA	MADHYA PRADESH	4.90 Mtrs
3	RAKESH SINGH	JAMMU AND KASHMIR	4.81 Mtrs
4	HEMANTHA D P	KARNATAKA	4.81 Mtrs

ATHLETICS - LONG JUMP MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	AMBILIKUTTAN P K	KERALA	4.50 Mtrs
2	RAMESH K P	KERALA	4.39 Mtrs
3	HARADHAN BHOI	ODISHA	4.29 Mtrs
4	KHAGESWAR MAJHI	ODISHA	4.22 Mtrs

ATHLETICS - LONG JUMP WOMEN OPEN

WOMEN OPEN

1	TARNIKA TETA	CHHATTISGARH	5.64 Mtrs
2	ANU R	KERALA	5.13 Mtrs
3	SANGHAMITRA PAUL	ASSAM	4.94 Mtrs
4	R C DHURVA	MAHARASHTRA	4.86 Mtrs

ATHLETICS - LONG JUMP WOMEN VETERAN

WOMEN VETERAN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	CHARULATA GAJPAL	CHHATTISGARH	4.04 Mtrs
2	ANITHA KUMARI D	KERALA	3.78 Mtrs
3	ANITA KORRAM	CHHATTISGARH	3.72 Mtrs
4	ROSE MARY ANTONY	KERALA	3.20 Mtrs

ATHLETICS - LONG JUMP WOMEN SENIOR VETERAN

WOMEN SENIOR VETERAN

1	SHAMLA V M	KERALA	2.97 Mtrs
2	SAVITA SEMWAL	FSI	2.45 Mtrs
3	ANASUYAMMA H Y	KARNATAKA	2.24 Mtrs
4	DR M MAMATHA	TELANGANA	2.10 Mtrs

ATHLETICS - HIGH JUMP MEN OPEN

MEN OPEN

1	SATYJEET BHATT	CHHATTISGARH	1.85 Mtrs
2	SANTHOSH S	TAMIL NADU	1.80 Mtrs
3	PARVEEN KUMAR	HARYANA	1.75 Mtrs
4	JAYESHBHAI RATNABHAI CHAVDA	GUJARAT	1.70 Mtrs

ATHLETICS - HIGH JUMP MEN VETERAN

MEN VETERAN

1	RAMESH K P	KERALA	1.45 Mtrs
2	NARENDER PAL SINGH	HARYANA	1.45 Mtrs
3	RAKESH SINGH	JAMMU AND KASHMIR	1.45 Mtrs
4	MITRANANDA A	KARNATAKA	1.40 Mtrs

ATHLETICS - HIGH JUMP MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	RAMESH K P	KERALA	1.50 Mtrs
2	AMBILIKUTTAN P K	KERALA	1.45 Mtrs
3	HARADHAN BHOI	ODISHA	1.40 Mtrs
4	VELAYUTHAM M	TAMIL NADU	1.35 Mtrs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
ATHLETICS - HIGH JUMP WOMEN OPEN			
WOMEN OPEN			
1	DONA K AUGUSTINE	KERALA	1.45 Mtrs
2	VINUTA NAIK	KARNATAKA	1.30 Mtrs
3	DRINKLE BRAHMA	ASSAM	1.25 Mtrs
4	KAVYA N M	KARNATAKA	1.25 Mtrs
ATHLETICS - TRIPLE JUMP MEN OPEN			
MEN OPEN			
1	SANDESH A	KARNATAKA	13.57 Mtrs
2	BARNABASS S	TAMIL NADU	13.35 Mtrs
3	SATHISHKUMAR M	TAMIL NADU	13.31 Mtrs
4	NAVJOT SINGH	PUNJAB	12.84 Mtrs
ATHLETICS - TRIPLE JUMP MEN VETERAN			
MEN VETERAN			
1	GURDEEP SINGH	PUNJAB	11.26 Mtrs
2	KUNJUMON P A	KERALA	10.89 Mtrs
3	NARENDER PAL SINGH	HARYANA	10.03 Mtrs
4	LAKHMARAM MARAPI	CHHATTISGARH	8.89 Mtrs
ATHLETICS - DISCUSS THROW MEN OPEN			
MEN OPEN			
1	RANVEER SINGH NAYAK	CHHATTISGARH	37.21 Mtrs
2	GOUTAM PRADHAN	ODISHA	34.67 Mtrs
3	RAMACHANDRA KANDI	ODISHA	34.35 Mtrs
4	SURYAPRAKASH M	KARNATAKA	33.77 Mtrs
ATHLETICS - DISCUSS THROW MEN VETERAN			
MEN VETERAN			
1	CHANDRASEKARAN K	TAMIL NADU	30.30 Mtrs
2	SENTHILKUMAR P	TAMIL NADU	27.52 Mtrs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	VED PRAKASH SINGH	DELHI	26.80 Mtrs
4	JAYAKUMAR G	KERALA	26.77 Mtrs

ATHLETICS - DISCUSS THROW MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	JOHNSON P F	KERALA	30.63 Mtrs
2	AJAY SHARMA	JAMMU AND KASHMIR	28.81 Mtrs
3	DANSI UIKEY	MADHYA PRADESH	27.85 Mtrs
4	ALOK TIWARI	CHHATTISGARH	27.36 Mtrs

ATHLETICS - DISCUSS THROW WOMEN OPEN

WOMEN OPEN

1	LIKHITHA K U	KARNATAKA	34.83 Mtrs
2	SWARNA NAYAK	KARNATAKA	29.16 Mtrs
3	SANJO DEVI	HIMACHAL PRADESH	27.56 Mtrs
4	PRIYA THAKUR	HIMACHAL PRADESH	23.24 Mtrs

ATHLETICS - DISCUSS THROW WOMEN VETERAN

WOMEN VETERAN

1	ROSE MARY ANTONY	KERALA	22.05 Mtrs
2	ANITA BHAGAT	CHHATTISGARH	20.42 Mtrs
3	M SUNITHA	TELANGANA	20.25 Mtrs
4	ANITHA KUMARI D	KERALA	16.37 Mtrs

ATHLETICS - DISCUSS THROW WOMEN SENIOR VETERAN

WOMEN SENIOR VETERAN

1	GEETA HARCHANDANI	CHHATTISGARH	20.61 Mtrs
2	M SUNITHA	TELANGANA	19.54 Mtrs
3	SAMEETA RAJORA	MADHYA PRADESH	18.21 Mtrs
4	LAKSHMI B	TAMIL NADU	12.23 Mtrs

ATHLETICS - SHOT PUT MEN OPEN

MEN OPEN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	SURYAPRAKASH M	KARNATAKA	12.92 Mtrs
2	RANVEER SINGH NAYAK	CHHATTISGARH	11.97 Mtrs
3	GOUTAM PRADHAN	ODISHA	11.39 Mtrs
4	MANOJ KUMAR	RAJASTHAN	11.26 Mtrs

ATHLETICS - SHOT PUT MEN VETERAN

MEN VETERAN

1	CHANDRASEKARAN K	TAMIL NADU	11.33 Mtrs
2	SENTHILKUMAR P	TAMIL NADU	11.04 Mtrs
3	JAYAKUMAR G	KERALA	10.45 Mtrs
4	MUHAMMED ROUSHAD K J	KERALA	10.44 Mtrs

ATHLETICS - SHOT PUT MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	PRAVEEN KUMAR SHETTY	KARNATAKA	11.36 Mtrs
2	BIJOY CHETIA PATRA	ASSAM	11.29 Mtrs
3	JOHNSON P F	KERALA	10.82 Mtrs
4	AYYAPPAN C	TAMIL NADU	10.80 Mtrs

ATHLETICS - SHOT PUT WOMEN OPEN

WOMEN OPEN

1	NIVETHA T	KARNATAKA	12:56 Mtrs
2	LIKHITHA K U	KARNATAKA	9:44 Mtrs
3	UMA VERMA	RAJASTHAN	8:64 Mtrs
4	SUNDARI DHURUW	CHHATTISGARH	7:87 Mtrs

ATHLETICS - SHOT PUT WOMEN VETERAN

WOMEN VETERAN

1	MEENA DHURWEY	CHHATTISGARH	8.71 Mtrs
2	SANJO DEVI	HIMACHAL PRADESH	8.69 Mtrs
3	SUNDARI DHURUW	CHHATTISGARH	7.82 Mtrs
4	ROSE MARY ANTONY	KERALA	7.47 Mtrs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
ATHLETICS - SHOT PUT WOMEN SENIOR VETERAN			
WOMEN SENIOR VETERAN			
1	GEETA HARCHANDANI	CHHATTISGARH	7.35 Mtrs
2	SAMEETA RAJORA	MADHYA PRADESH	6.48 Mtrs
3	MINIMOL AUGUSTIN	KERALA	6.23 Mtrs
4	M SUNITHA	TELANGANA	6.22 Mtrs
ATHLETICS - JAVELIN THROW MEN OPEN			
MEN OPEN			
1	PUSHPENDRA SINGH RANA	UTTARAKHAND	55.03 Mtrs
2	MANISH LAXMAN	KARNATAKA	52.95 Mtrs
3	ABHISHEK SINGH	UTTAR PRADESH	50.49 Mtrs
4	ALWA SADANANDAM	CHHATTISGARH	43.01 Mtrs
ATHLETICS - JAVELIN THROW MEN VETERAN			
MEN VETERAN			
1	VED PRAKASH SINGH	DELHI	45.32 Mtrs
2	CHANDRASEKARAN K	TAMIL NADU	44.87 Mtrs
3	SENTHILKUMAR P	TAMIL NADU	44.59 Mtrs
4	INDUBHUSAN BHANJA	ODISHA	39.85 Mtrs
ATHLETICS - JAVELIN THROW MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	JOHNSON P F	KERALA	43.23 Mtrs
2	INDUBHUSAN BHANJA	ODISHA	37.22 Mtrs
3	T RAMESH KUMAR	TELANGANA	34.35 Mtrs
4	SATHYAPALAN P G	KERALA	33.38 Mtrs
ATHLETICS - JAVELIN THROW WOMEN OPEN			
WOMEN OPEN			
1	SANJO DEVI	HIMACHAL PRADESH	35.32 Mtrs
2	NIDHI BIDUA	MADHYA PRADESH	29.78 Mtrs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	DEEKSHA K	KARNATAKA	29.62 Mtrs
4	UMA VERMA	RAJASTHAN	28.89 Mtrs

ATHLETICS - JAVELIN THROW WOMEN VETERAN

WOMEN VETERAN

1	SANJO DEVI	HIMACHAL PRADESH	31.76 Mtrs
2	SUNDARI DHRUW	CHHATTISGARH	24.00 Mtrs
3	SURYAKANTI BEHERA	ODISHA	20.33 Mtrs
4	ROSE MARY ANTONY	KERALA	19.20 Mtrs

ATHLETICS - JAVELIN THROW WOMEN SENIOR VETERAN

WOMEN SENIOR VETERAN

1	M SUNITHA	TELANGANA	19.10 Mtrs
2	SAMEETA RAJORA	MADHYA PRADESH	15.60 Mtrs
3	GEETA HARCHANDANI	CHHATTISGARH	12.90 Mtrs
4	NAGARATHNA YANE NAGAMMA	KARNATAKA	12.24 Mtrs

ATHLETICS - HAMMER THROW MEN OPEN

MEN OPEN

1	RANVEER SINGH NAYAK	CHHATTISGARH	52.50 Mtrs
2	GAVISWAMI NAGANAVAR	KARNATAKA	47.00 Mtrs
3	PRAVEEN KALAPPANAVAR	KARNATAKA	33.65 Mtrs
4	GOURISH DHARMA GAONKAR	GOA	26.88 Mtrs

ATHLETICS - HAMMER THROW MEN VETERAN

MEN VETERAN

1	JOHNSON P F	KERALA	32.39 Mtrs
2	JAYAKUMAR G	KERALA	26.50 Mtrs
3	DULESINGH DAWAR	MADHYA PRADESH	26.10 Mtrs
4	SHABAB ULLAH KHAN	MADHYA PRADESH	25.00 Mtrs

ATHLETICS - HAMMER THROW MEN SENIOR VETERAN

MEN SENIOR VETERAN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	JOHNSON P F	KERALA	35.90 Mtrs
2	PRAVEEN KUMAR SHETTY	KARNATAKA	28.50 Mtrs
3	SHIVANNA NARAYAN GOUDA	KARNATAKA	23.45 Mtrs
4	V SAMBAIAH	TELANGANA	18.16 Mtrs

SWIMMING - 100 M FREE STYLE MEN OPEN

MEN OPEN

1	MANI RAM ADILE	CHHATTISGARH	01:08:66 Sec
2	PRATHAMESH SAMBHAJI DHANE	TELANGANA	01:09:15 Sec
3	VISHNUBHAI BHARATBHAI VASAVA	GUJARAT	01:11:58 Sec
4	SAW CHEKU	ANDAMAN AND NICOBAR	01:12:30 Sec

SWIMMING - 100 M BACK STROKE MEN OPEN

MEN OPEN

1	PRATHAMESH SAMBHAJI DHANE	TELANGANA	01:20:09 Sec
2	PARVINDER GULIA	HARYANA	01:28:11 Sec
3	MANI RAM ADILE	CHHATTISGARH	01:28:56 Sec
4	MEHUL VIRJIBHAI VAGHELA	GUJARAT	01:33:06 Sec

SWIMMING - 100 M BREAST STROKE MEN OPEN

MEN OPEN

1	NIKHIL XALXO	CHHATTISGARH	13:25 Sec
2	ARAVIND C VELAYUDHAN	KERALA	36:54 Sec
3	SAW CHEKU	ANDAMAN AND NICOBAR	37:00 Sec
4	SHREYAS SRIVASTAVA	MADHYA PRADESH	46:11 Sec

SWIMMING - 100 M BUTTERFLY MEN OPEN

MEN OPEN

1	NIKHIL XALXO	CHHATTISGARH	17:72 Sec
2	MEHUL VIRJIBHAI VAGHELA	GUJARAT	45:37 Sec
3	LALIT MOHAN BORA	UTTARAKHAND	45:69 Sec
4	MAJHAR PIRSAHEB SHEKH	MAHARASHTRA	21:37 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
SWIMMING - 200 M MEDLAY MEN OPEN			
MEN OPEN			
1	NIKHIL XALXO	CHHATTISGARH	02:39:31 Sec
2	PRADIP P KAMDI	MAHARASHTRA	03:20:32 Sec
3	VISHNUBHAI BHARATBHAI VASAVA	GUJARAT	03:25:52 Sec
4	LALIT MOHAN BORA	UTTARAKHAND	03:50:52 Sec
SWIMMING - 50 M FREE STYLE MEN OPEN			
MEN OPEN			
1	PRATHAMESH SAMBHAJI DHANE	TELANGANA	28:98 Sec
2	MANI RAM ADILE	CHHATTISGARH	29:60 Sec
3	VISHNUBHAI BHARATBHAI VASAVA	GUJARAT	30:78 Sec
4	LALIT MOHAN BORA	UTTARAKHAND	33:72 Sec
SWIMMING - 50 M FREE STYLE MEN VETERAN			
MEN VETERAN			
1	AMAN HOSSAIN	TRIPURA	30:94 Sec
2	RAVI KUMAR	JAMMU AND KASHMIR	36:14 Sec
3	CHANDRA KANT SHUKLA	CHHATTISGARH	38:43 Sec
4	D KISTA GOUD	TELANGANA	44:83 Sec
SWIMMING - 50 M FREE STYLE MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	SUDHIR NEMA	MADHYA PRADESH	31:68 Sec
2	RADHAKRISHNAN K	KARNATAKA	34:43 Sec
3	RAJAN P	KERALA	36:25 Sec
4	ARUN HALDER	WEST BENGAL	38:10 Sec
SWIMMING - 50 M FREE STYLE WOMEN OPEN			
WOMEN OPEN			
1	NISHA BISAI	CHHATTISGARH	36:24 Sec
2	URVASHI JAIN	WII	38:54 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	NIDHI GAWALI	MAHARASHTRA	39:06 Sec
4	KHIRABDI SETH	ODISHA	47:03 Sec

SWIMMING - 50 M FREE STYLE WOMEN VETERAN

WOMEN VETERAN

1	SUSY JOSEPH	MADHYA PRADESH	45:14 Sec
2	PARVATHY P	KERALA	55:33 Sec
3	MIRABEN JANUBHAI PADVI	GUJARAT	01:07:12 Sec
4	SURYAKANTI BEHERA	ODISHA	01:09:20 Sec

SWIMMING - 50 M BUTTERFLY MEN OPEN

MEN OPEN

1	NIKHIL XALXO	CHHATTISGARH	29:92 Sec
2	AMAN HOSSAIN	TRIPURA	32:51 Sec
3	VISHNUBHAI BHARATBHAI VASAVA	GUJARAT	36:53 Sec
4	LALIT MOHAN BORA	UTTARAKHAND	38:88 Sec

SWIMMING - 50 M BUTTERFLY MEN VETERAN

MEN VETERAN

1	AMAN HOSSAIN	TRIPURA	32:81 Sec
2	RADHAKRISHNAN K	KARNATAKA	36:59 Sec
3	RAVI KUMAR	JAMMU AND KASHMIR	46:49 Sec
4	D KISTA GOUD	TELANGANA	56:29 Sec

SWIMMING - 50 M BUTTERFLY MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	MOHANAN V	KERALA	35:53 Sec
2	RADHAKRISHNAN K	KARNATAKA	36:42 Sec
3	ARUN HALDER	WEST BENGAL	43:97 Sec
4	CHANDRA KANT SHUKLA	CHHATTISGARH	44:76 Sec

SWIMMING - 50 M BUTTERFLY WOMEN OPEN

WOMEN OPEN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	NISHA BISAI	CHHATTISGARH	44:28 Sec
2	SAMIKSHA C CHAMAT	MAHARASHTRA	58:87 Sec
3	KHIRABDI SETH	ODISHA	01:01:37 Sec
4	SNEHA T C	KARNATAKA	01:07:03 Sec

SWIMMING - 50 M BUTTERFLY WOMEN VETERAN

WOMEN VETERAN

1	SUSY JOSEPH	MADHYA PRADESH	00:58:83 Sec
2	PARVATHY P	KERALA	01:07:64 Sec
3	SURYAKANTI BEHERA	ODISHA	01:17:43 Sec
4	MIRABEN JANUBHAI PADVI	GUJARAT	01:26:89 Sec

SWIMMING - 50 M BACK STROKE MEN OPEN

MEN OPEN

1	PRATHAMESH SAMBHAJI DHANE	TELANGANA	34:55 Sec
2	MANI RAM ADILE	CHHATTISGARH	40:59 Sec
3	PARVINDER GULIA	HARYANA	40:65 Sec
4	MEHUL VIRJIBHAI VAGHELA	GUJARAT	41:28 Sec

SWIMMING - 50 M BACK STROKE MEN VETERAN

MEN VETERAN

1	SUDHIR NEMA	MADHYA PRADESH	38:80 Sec
2	MOHANAN V	KERALA	41:66 Sec
3	DIPAK BARMAN	TRIPURA	42:14 Sec
4	RAVI KUMAR	JAMMU AND KASHMIR	46:82 Sec

SWIMMING - 50 M BACK STROKE MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	SUDHIR NEMA	MADHYA PRADESH	00:40:13 Sec
2	RADHAKRISHNAN K	KARNATAKA	00:44:23 Sec
3	KAUSHAL KUMAR DHANGAR	CHHATTISGARH	00:50:69 Sec
4	R B MORE	MAHARASHTRA	00:51:22 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
SWIMMING - 50 M BACK STROKE WOMEN OPEN			
WOMEN OPEN			
1	NISHA BISAI	CHHATTISGARH	42:72 Sec
2	URVASHI JAIN	WII	49:47 Sec
3	SAMIKSHA C CHAMAT	MAHARASHTRA	55:12 Sec
4	SNEHA T C	KARNATAKA	57:40 Sec
SWIMMING - 50 M BACK STROKE WOMEN VETERAN			
WOMEN VETERAN			
1	SUSY JOSEPH	MADHYA PRADESH	01:03:26 Sec
2	PARVATHY P	KERALA	01:06:69 Sec
3	SURYAKANTI BEHERA	ODISHA	01:09:09 Sec
4	SEEMA GARG IFS	KARNATAKA	01:38:49 Sec
SWIMMING - 50 M BREAST STROKE MEN OPEN			
MEN OPEN			
1	NIKHIL XALXO	CHHATTISGARH	32:22 Sec
2	SHREYAS SRIVASTAVA	MADHYA PRADESH	43:13 Sec
3	ARAVIND C VELAYUDHAN	KERALA	43:77 Sec
4	MAJHAR PIRSAHEB SHEKH	MAHARASHTRA	44:37 Sec
SWIMMING - 50 M BREAST STROKE MEN VETERAN			
MEN VETERAN			
1	SUDHIR NEMA	MADHYA PRADESH	39:93 Sec
2	MOHANAN V	KERALA	42:67 Sec
3	DIPAK BARMAN	TRIPURA	42:97 Sec
4	NAND KISHOR SONI	CHHATTISGARH	01:00:03 Sec
SWIMMING - 50 M BREAST STROKE MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	SUDHIR NEMA	MADHYA PRADESH	39:56 Sec
2	MOHANAN V	KERALA	42:63 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	CHANDRA KANT SHUKLA	CHHATTISGARH	47:28 Sec
4	ARUN HALDER	WEST BENGAL	48:49 Sec

SWIMMING - 50 M BREAST STROKE WOMEN OPEN

WOMEN OPEN

1	URVASHI JAIN	WII	52:91 Sec
2	NISHA BISAI	CHHATTISGARH	53:40 Sec
3	NIDHI GAWALI	MAHARASHTRA	54:90 Sec
4	KHIRABDI SETH	ODISHA	55:28 Sec

SWIMMING - 50 M BREAST STROKE WOMEN VETERAN

WOMEN VETERAN

1	PARVATHY P	KERALA	01:00:00 Sec
2	SUSY JOSEPH	MADHYA PRADESH	01:02:44 Sec
3	MIRABEN JANUBHAI PADVI	GUJARAT	01:15:33 Sec
4	SURYAKANTI BEHERA	ODISHA	01:18:32 Sec

WEIGHT LIFTING (MEN) - UPTO 55 KG MEN OPEN

MEN OPEN

1	SALIK RAM SAHU	CHHATTISGARH	110 Kgs
2	DILEEP KUMAR	UTTAR PRADESH	108 Kgs
3	MANOJ KUMAR SARBAIYA	MADHYA PRADESH	104 Kgs
4	DHARMENDRA KUMAR	UTTAR PRADESH	90 Kgs

WEIGHT LIFTING (MEN) - UPTO 55 KG MEN VETERAN

MEN VETERAN

1	SALIK RAM SAHU	CHHATTISGARH	110 Kgs
2	DILEEP KUMAR	UTTAR PRADESH	108 Kgs
3	MANOJ KUMAR SARBAIYA	MADHYA PRADESH	104 Kgs
4	DHARMENDRA KUMAR	UTTAR PRADESH	90 Kgs

WEIGHT LIFTING (MEN) - UPTO 55 KG MEN SENIOR VETERAN

MEN SENIOR VETERAN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	SALIK RAM SAHU	CHHATTISGARH	110 Kgs
2	DILEEP KUMAR	UTTAR PRADESH	108 Kgs
3	MANOJ KUMAR SARBAIYA	MADHYA PRADESH	104 Kgs
4	DHARMENDRA KUMAR	UTTAR PRADESH	90 Kgs

WEIGHT LIFTING (MEN) - 55 - 61 KG MEN OPEN

MEN OPEN

1	RANJITHA POOJARI	KARNATAKA	170 Kgs
2	UMESH KUMAR YADAV	CHHATTISGARH	150 Kgs
3	NIDHIN K V	KERALA	133 Kgs
4	CHANDAN SINGH ADHIKARI	UTTARAKHAND	120 Kgs

WEIGHT LIFTING (MEN) - 55 - 61 KG MEN VETERAN

MEN VETERAN

1	SUNIL KUMAR KHOBRAGADE	CHHATTISGARH	132 Kgs
2	RABIN KUMAR BAISHYA	ASSAM	122 Kgs
3	CHANDAN SINGH ADHIKARI	UTTARAKHAND	120 Kgs
4	RAMKISUN NETAM	CHHATTISGARH	108 Kgs

WEIGHT LIFTING (MEN) - 55 - 61 KG MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	RABIN KUMAR BAISHYA	ASSAM	122 Kgs
2	CHANDAN SINGH ADHIKARI	UTTARAKHAND	120 Kgs
3	RAMKISUN NETAM	CHHATTISGARH	108 Kgs
4	PREM CHANDRA THAKUR	UTTAR PRADESH	90 Kgs

WEIGHT LIFTING (MEN) - 61- 67 KG MEN OPEN

MEN OPEN

1	IYYAPPAN C	TAMIL NADU	202 Kgs
2	SANGHDEEP RAMTEKE	CHHATTISGARH	165 Kgs
3	YELLANAIAK L	KARNATAKA	161 Kgs
4	AYUSH PANDEY	UTTAR PRADESH	110 Kgs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
WEIGHT LIFTING (MEN) - 61- 67 KG MEN VETERAN			
MEN VETERAN			
1	PRADEEP KUMAR P	TAMIL NADU	137 Kgs
2	SHIJU B	KERALA	130 Kgs
3	RAM BHAJ	HARYANA	110 Kgs
4	RAMAKANT GOND	UTTAR PRADESH	106 Kgs
WEIGHT LIFTING (MEN) - 61- 67 KG MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	RAM BHAJ	HARYANA	110 Kgs
2	RAMAKANT GOND	UTTAR PRADESH	106 Kgs
3	AMIN PRASAD YADAV	UTTAR PRADESH	105 Kgs
4	SHIBU G V	KERALA	102 Kgs
WEIGHT LIFTING (MEN) - 67 - 73 KG MEN OPEN			
MEN OPEN			
1	SANTHOSH KUMAR B	KARNATAKA	198 Kgs
2	SRIDHAR M	TAMIL NADU	195 Kgs
3	ANIL KUMAR NETAM	CHHATTISGARH	172 Kgs
4	MANIMARAN A	TAMIL NADU	154 Kgs
WEIGHT LIFTING (MEN) - 67 - 73 KG MEN VETERAN			
MEN VETERAN			
1	ANIL KUMAR NETAM	CHHATTISGARH	172 Kgs
2	MANIMARAN A	TAMIL NADU	154 Kgs
3	RAJENDER SINGH SHAH	MADHYA PRADESH	152 Kgs
4	KRISHNAN KUTTY V	TAMIL NADU	122 Kgs
WEIGHT LIFTING (MEN) - 67 - 73 KG MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	MANIMARAN A	TAMIL NADU	154 Kgs
2	RAJENDER SINGH SHAH	MADHYA PRADESH	152 Kgs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	KRISHNAN KUTTY V	TAMIL NADU	122 Kgs
4	BABURAJ P R	KERALA	118 Kgs

WEIGHT LIFTING (MEN) - 73 - 81 KG MEN OPEN

MEN OPEN

1	AKHILESHA A	KARNATAKA	207 Kgs
2	SUNDR SARANG	CHHATTISGARH	182 Kgs
3	SANJAY KUMAR	UTTARAKHAND	173 Kgs
4	UMESH SHARMA	MADHYA PRADESH	166 Kgs

WEIGHT LIFTING (MEN) - 73 - 81 KG MEN VETERAN

MEN VETERAN

1	SUNDR SARANG	CHHATTISGARH	182 Kgs Kgs
2	ARUN KUMAR	JAMMU AND KASHMIR	153 Kgs Kgs
3	RATHEESH K V	KERALA	131 Kgs Kgs
4	DR. D. RAJASUGUNASEKAR	ICFRE	128 Kgs Kgs

WEIGHT LIFTING (MEN) - 73 - 81 KG MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	DR. D. RAJASUGUNASEKAR	ICFRE	128 KGS Kgs
2	SENTHILKUMAR M	TAMIL NADU	126 KGS Kgs
3	DEVESH KUMAR DUBEY	CHHATTISGARH	114 KGS Kgs
4	AKHILESH KUMAR CHATURVEDI	MADHYA PRADESH	93 KGS Kgs

WEIGHT LIFTING (MEN) - 81 - 89 KG MEN OPEN

MEN OPEN

1	ARUNA A	KARNATAKA	216 Kgs
2	GAGANDEEP SINGH	HARYANA	203 Kgs
3	SUDHISH KUMAR SINGH	UTTAR PRADESH	180 Kgs
4	DEVANANDHAN K	TAMIL NADU	169 Kgs

WEIGHT LIFTING (MEN) - 81 - 89 KG MEN VETERAN

MEN VETERAN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	SUDHISH KUMAR SINGH	UTTAR PRADESH	180 Kgs
2	SARAVANAN PA	TAMIL NADU	155 Kgs
3	NAVEEN KUMAR	HARYANA	115 Kgs
4	MALHAR RAO NEWASKAR	MADHYA PRADESH	108 Kgs

WEIGHT LIFTING (MEN) - 81 - 89 KG MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	SUDHISH KUMAR SINGH	UTTAR PRADESH	180 Kgs
2	MALHAR RAO NEWASKAR	MADHYA PRADESH	108 Kgs
3	PRADEEP KUMAR PANDEY	UTTAR PRADESH	107 Kgs
4	BEJ NATH SHAN	JAMMU AND KASHMIR	96 Kgs

WEIGHT LIFTING (MEN) - 89 - 96 KG MEN OPEN

MEN OPEN

1	GOURISH DHARMA GAONKAR	GOA	193 Kgs
2	TEJA SINGH SAHU	CHHATTISGARH	187 Kgs
3	VINAYACHANDRA ALVA	KARNATAKA	180 Kgs
4	SUNEESH BABU	KARNATAKA	173 Kgs

WEIGHT LIFTING (MEN) - 89 - 96 KG MEN VETERAN

MEN VETERAN

1	TEJA SINGH SAHU	CHHATTISGARH	187 Kgs
2	RAMESH KUMAR	HARYANA	134 Kgs
3	TAPAN SARKAR	UTTARAKHAND	115 Kgs
4	ANUP VERMA	MADHYA PRADESH	113 Kgs

WEIGHT LIFTING (MEN) - 89 - 96 KG MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	TEJA SINGH SAHU	CHHATTISGARH	187 Kgs
2	RAMESH KUMAR	HARYANA	134 Kgs
3	UMESH KUMAR PANDEY	JHARKHAND	110 Kgs
4	JAIKUMAR P S	KERALA	108 Kgs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
WEIGHT LIFTING (MEN) - 96 - 102 KG MEN OPEN			
MEN OPEN			
1	ULLAS K	KARNATAKA	241 Kgs
2	BHARATH K	TAMIL NADU	236 Kgs
3	CHANDRA PRAKASH MISHRA	UTTAR PRADESH	194 Kgs
4	MOHIT SHARMA	HIMACHAL PRADESH	191 Kgs
WEIGHT LIFTING (MEN) - 96 - 102 KG MEN VETERAN			
MEN VETERAN			
1	DR SOMENDRA KUMAR NARESH	UTTAR PRADESH	112 Kgs
2	MOHAMMAD HILAL MIR	JAMMU AND KASHMIR	105 Kgs
3	PRAVEEN YERPUDE	MADHYA PRADESH	53 Kgs
WEIGHT LIFTING (MEN) - 96 - 102 KG MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	DR SOMENDRA KUMAR NARESH	UTTAR PRADESH	112 Kgs
2	MOHAMMAD HILAL MIR	JAMMU AND KASHMIR	105 Kgs
3	BIJOY CHETIA PATRA	ASSAM	105 Kgs
4	PRAVEEN YERPUDE	MADHYA PRADESH	53 Kgs
WEIGHT LIFTING (MEN) - 102 - 109 KG MEN OPEN			
MEN OPEN			
1	CHANDRABHAN SINGH GURJAR	MADHYA PRADESH	194 Kgs
2	PERUMAL S	TAMIL NADU	185 Kgs
3	ADHIR UPADHYAY	CHHATTISGARH	162 Kgs
4	MAHESH CHANDRA ARYA	UTTARAKHAND	145 Kgs
WEIGHT LIFTING (MEN) - 102 - 109 KG MEN VETERAN			
MEN VETERAN			
1	CHANDRABHAN SINGH GURJAR	MADHYA PRADESH	194 Kgs
2	MAHESH CHANDRA ARYA	UTTARAKHAND	145 Kgs
3	RAJENDRA PRASAD SINGH	UTTAR PRADESH	132 Kgs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
4	DEKESHWAR PRASAD VERMA	CHHATTISGARH	90 Kgs
WEIGHT LIFTING (MEN) - 102 - 109 KG MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	RAJENDRA PRASAD SINGH	UTTAR PRADESH	132 Kgs
2	DEKESHWAR PRASAD VERMA	CHHATTISGARH	90 Kgs
3	AJAYAGHOSH M	KERALA	89 Kgs
4	HARIKISHOR RAM PAIKARA	CHHATTISGARH	55 Kgs
WEIGHT LIFTING (MEN) - ABOVE 109 KG MEN OPEN			
MEN OPEN			
1	BHIM SONKAR	MADHYA PRADESH	199 Kgs
2	SURYAPRAKASH M	KARNATAKA	182 Kgs
3	JANAK LAL TARAM	CHHATTISGARH	175 Kgs
4	KARTHIK K	KERALA	170 Kgs
WEIGHT LIFTING (MEN) - ABOVE 109 KG MEN VETERAN			
MEN VETERAN			
1	JANAK LAL TARAM	CHHATTISGARH	175 Kgs
2	SANIL KUMAR K K	KERALA	125 Kgs
3	AJAY SHARMA	JAMMU AND KASHMIR	117 Kgs
4	MAHANDIRAN C	TAMIL NADU	106 Kgs
WEIGHT LIFTING (MEN) - ABOVE 109 KG MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	AJAY SHARMA	JAMMU AND KASHMIR	117 Kgs
2	MAHANDIRAN C	TAMIL NADU	106 Kgs
3	FIROSE K F	KERALA	85 Kgs
POWER LIFTING (MEN) - UPTO 59 KG MEN OPEN			
MEN OPEN			
1	RANJITHA POOJARI	KARNATAKA	475 Kgs
2	UMESH KUMAR YADAV	CHHATTISGARH	405 Kgs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	RAMKISUN NETAM	CHHATTISGARH	350 Kgs
4	PRAYAG DATT PANDEY	UTTAR PRADESH	340 Kgs

POWER LIFTING (MEN) - UPTO 59 KG MEN VETERAN

MEN VETERAN

1	RAMKISUN NETAM	CHHATTISGARH	350 Kgs
2	PRAYAG DATT PANDEY	UTTAR PRADESH	340 Kgs
3	CHANDAN SINGH ADHIKARI	UTTARAKHAND	340 Kgs
4	RABIN KUMAR BAISHYA	ASSAM	337.50 Kgs

POWER LIFTING (MEN) - UPTO 59 KG MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	RAMKISUN NETAM	CHHATTISGARH	350 Kgs
2	PRAYAG DATT PANDEY	UTTAR PRADESH	340 Kgs
3	CHANDAN SINGH ADHIKARI	UTTARAKHAND	340 Kgs
4	RABIN KUMAR BAISHYA	ASSAM	337.50 Kgs

POWER LIFTING (MEN) - 59 - 66 KG MEN OPEN

MEN OPEN

1	DEVENDRA SINGH DIWAN	MADHYA PRADESH	607.50 Kgs
2	ASHOK A	KARNATAKA	595.00 Kgs
3	ROBERT LALRINAWMA	MIZORAM	592.50 Kgs
4	LAXMAN PRASAD GAUTAM	MADHYA PRADESH	485.00 Kgs

POWER LIFTING (MEN) - 59 - 66 KG MEN VETERAN

MEN VETERAN

1	DEVENDRA SINGH DIWAN	MADHYA PRADESH	607.50 Kgs
2	LAXMAN PRASAD GAUTAM	MADHYA PRADESH	485.00 Kgs
3	KAMAL SINGH MAURYA	UTTARAKHAND	457.50 Kgs
4	SHIBU G V	KERALA	415.00 Kgs

POWER LIFTING (MEN) - 59 - 66 KG MEN SENIOR VETERAN

MEN SENIOR VETERAN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	DEVENDRA NAHAR	MADHYA PRADESH	445.00 Kgs
2	SHIBU G V	KERALA	415.00 Kgs
3	AMIN PRASAD YADAV	UTTAR PRADESH	412.50 Kgs
4	RAMAKANT GOND	UTTAR PRADESH	370.00 Kgs

POWER LIFTING (MEN) - 66 - 74 KG MEN OPEN

MEN OPEN

1	DILEEP PATEL	CHHATTISGARH	757.5 Kgs
2	KARTHIK B	TAMIL NADU	637.5 Kgs
3	SUNIL P	KARNATAKA	635 Kgs
4	RAJKUMAR A	TAMIL NADU	630 Kgs

POWER LIFTING (MEN) - 66 - 74 KG MEN VETERAN

MEN VETERAN

1	MANIMARAN A	TAMIL NADU	532.50 Kgs
2	TARIK HAMEED	UTTARAKHAND	525 Kgs
3	KRISHNAN KUTTY V	TAMIL NADU	507.5 Kgs
4	RAJENDER SINGH SHAH	MADHYA PRADESH	497.5 Kgs

POWER LIFTING (MEN) - 66 - 74 KG MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	MANIMARAN A	TAMIL NADU	532.5 Kgs
2	KRISHNAN KUTTY V	TAMIL NADU	507.5 Kgs
3	RAJENDER SINGH SHAH	MADHYA PRADESH	497.5 Kgs
4	RANGASWAMY R	KARNATAKA	347.50 Kgs

POWER LIFTING (MEN) - 74 - 83 KG MEN OPEN

MEN OPEN

1	SHAKTI SINGH	UTTARAKHAND	610 Kgs
2	AMAR SINGH BISHT	UTTARAKHAND	585 Kgs
3	PRAMOD A D	KERALA	560 Kgs

POWER LIFTING (MEN) - 74 - 83 KG MEN VETERAN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
MEN VETERAN			
1	PRAMOD A D	KERALA	560 Kgs
2	SAJI VARGHESE	MADHYA PRADESH	525 Kgs
3	SUNDR SARANG	CHHATTISGARH	520 Kgs
POWER LIFTING (MEN) - 74 - 83 KG MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	SUDHISH KUMAR SINGH	UTTAR PRADESH	530 Kgs
2	SAJI VARGHESE	MADHYA PRADESH	525 Kgs
3	SENTHILKUMAR M	TAMIL NADU	520 Kgs
4	DEVESH KUMAR DUBEY	CHHATTISGARH	345 Kgs
POWER LIFTING (MEN) - 83 - 93 KG MEN OPEN			
MEN OPEN			
1	SAKTHIVEL A	TAMIL NADU	717 Kgs
2	THIYAGARAJ K	TAMIL NADU	716 Kgs
3	JOGENDRA SINGH	RAJASTHAN	715 Kgs
4	PARMINDER SINGH	UTTARAKHAND	695 Kgs
POWER LIFTING (MEN) - 83 - 93 KG MEN VETERAN			
MEN VETERAN			
1	ANUP VERMA	MADHYA PRADESH	570 Kgs
2	SHET KUMAR TOPPO	JHARKHAND	522.5 Kgs
3	INDRADEV SINGH	UTTAR PRADESH	502.5 Kgs
4	UMESH KUMAR PANDEY	JHARKHAND	467.5 Kgs
POWER LIFTING (MEN) - 83 - 93 KG MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	INDRADEV SINGH	UTTAR PRADESH	502 Kgs
2	UMESH KUMAR PANDEY	JHARKHAND	467 Kgs
3	PRADEEP KUMAR PANDEY	UTTAR PRADESH	410 Kgs
POWER LIFTING (MEN) - 93 - 105 KG MEN OPEN			

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
MEN OPEN			
1	ULAGANATHAN T	TAMIL NADU	735 Kgs
2	JEHO LALRAMNGHAKA	MIZORAM	690 Kgs
3	MAHESH CHANDRA ARYA	UTTARAKHAND	570 Kgs
4	RAGHAVENDRA U	KARNATAKA	485 Kgs
POWER LIFTING (MEN) - 93 - 105 KG MEN VETERAN			
MEN VETERAN			
1	TEJA SINGH SAHU	CHHATTISGARH	555 Kgs
2	MAHESH CHANDRA ARYA	UTTARAKHAND	510 Kgs
3	DR SOMENDRA KUMAR NARESH	UTTAR PRADESH	495 Kgs
POWER LIFTING (MEN) - 93 - 105 KG MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	TEJA SINGH SAHU	CHHATTISGARH	555 Kgs
2	DR SOMENDRA KUMAR NARESH	UTTAR PRADESH	495 Kgs
3	BIJOY CHETIA PATRA	ASSAM	420 Kgs
4	PRAVEEN YERPUDE	MADHYA PRADESH	370 Kgs
POWER LIFTING (MEN) - 105 - 120 KG MEN OPEN			
MEN OPEN			
1	PRABHU E	TAMIL NADU	737 Kgs
2	SELVASIVA M	TAMIL NADU	735 Kgs
3	ABDUL SAMEER KHAN	MADHYA PRADESH	8 Kgs
4	MOHIT SOLANKI	DELHI	7 Kgs
POWER LIFTING (MEN) - 105 - 120 KG MEN VETERAN			
MEN VETERAN			
1	SANIL KUMAR K K	KERALA	12/555 Kgs
2	CHANDRABHAN SINGH GURJAR	MADHYA PRADESH	9 Kgs
3	RAJENDRA PRASAD SINGH	UTTAR PRADESH	8 Kgs
4	AJAY SHARMA	JAMMU AND KASHMIR	7 Kgs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
POWER LIFTING (MEN) - 105 - 120 KG MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	RAJENDRA PRASAD SINGH	UTTAR PRADESH	12/465 Kgs
2	AJAYAGHOSH M	KERALA	9/340 Kgs
3	AJAY SHARMA	JAMMU AND KASHMIR	8/337.50 Kgs
4	CHAIN PRAKASH TANDAN	CHHATTISGARH	7/250 Kgs
POWER LIFTING (MEN) - ABOVE 120 KG MEN OPEN			
MEN OPEN			
1	BHIM SONKAR	MADHYA PRADESH	12/865 Kgs
2	R DELTO L MAROKEY	KERALA	9/402.50 Kgs
3	T R BIJU LAL	UTTARAKHAND	8/380 Kgs
4	FIROSE K F	KERALA	7/377.5 Kgs
POWER LIFTING (MEN) - ABOVE 120 KG MEN VETERAN			
MEN VETERAN			
1	R DELTO L MAROKEY	KERALA	402.5 Kgs
2	T R BIJU LAL	UTTARAKHAND	380 Kgs
3	FIROSE K F	KERALA	377.5 Kgs
POWER LIFTING (MEN) - ABOVE 120 KG MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	FIROSE K F	KERALA	377.50 Kgs
2	MAHANDIRAN C	TAMIL NADU	Kgs
WEIGHT LIFTING (WOMEN) - UPTO 45 KG WOMEN OPEN			
WOMEN OPEN			
1	NAVYA PANDEY	UTTARAKHAND	63 Kgs
2	ARCHANA PAINKARA	CHHATTISGARH	55 Kgs
3	RICHA VERMA	UTTAR PRADESH	49 Kgs
4	MEGHA YADAV	CHHATTISGARH	49 Kgs
WEIGHT LIFTING (WOMEN) - 45-49 KG WOMEN OPEN			

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
WOMEN OPEN			
1	RAJMANI RAJWADE	CHHATTISGARH	74 Kgs
2	LALITA RANA	UTTARAKHAND	62 Kgs
3	URMILA BURAGOHAIN	ASSAM	58 Kgs
4	ARSHA K	KERALA	48 Kgs
WEIGHT LIFTING (WOMEN) - 45-49 KG WOMEN VETERAN			
WOMEN VETERAN			
1	BINDHU R	KERALA	47 Kgs
2	NANCY PRATIMA TIGGA	CHHATTISGARH	45 Kgs
WEIGHT LIFTING (WOMEN) - 49-55 KG WOMEN OPEN			
WOMEN OPEN			
1	URMILA MARCO	CHHATTISGARH	86 Kgs
2	KAVITA BARMAN	MADHYA PRADESH	67 Kgs
3	MADHUMITA GOGOI	ASSAM	62 Kgs
4	GOVINDI	UTTARAKHAND	56 Kgs
WEIGHT LIFTING (WOMEN) - 49-55 KG WOMEN VETERAN			
WOMEN VETERAN			
1	KAVITA BARMAN	MADHYA PRADESH	67 Kgs
2	NIROJ S	CHHATTISGARH	41 Kgs
WEIGHT LIFTING (WOMEN) - 55 - 59 KG WOMEN OPEN			
WOMEN OPEN			
1	SONAM FARSWAN	UTTARAKHAND	104 Kgs
2	MANJU URVASHA	CHHATTISGARH	79 Kgs
3	SANGEETHA S	TAMIL NADU	78 Kgs
4	KARTHIKA J	TAMIL NADU	64 Kgs
WEIGHT LIFTING (WOMEN) - 55 - 59 KG WOMEN VETERAN			
WOMEN VETERAN			
1	KAVITA BARMAN	MADHYA PRADESH	225 Kgs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
2	SAVITRI GIRI	UTTARAKHAND	195 Kgs
3	DHANALAKSHMI D	TAMIL NADU	157 Kgs
4	GITIKA DAS	ASSAM	153 Kgs

WEIGHT LIFTING (WOMEN) - 59 - 64 KG WOMEN OPEN

WOMEN OPEN

1	NIRUPA SALAM	CHHATTISGARH	112 Kgs
2	SAMLA S	CHHATTISGARH	72 Kgs
3	GARIMA SINGH	UTTAR PRADESH	53 Kgs

WEIGHT LIFTING (WOMEN) - 59 - 64 KG WOMEN VETERAN

WOMEN VETERAN

1	SANTOSHI RATHIA	CHHATTISGARH	68 Kgs
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WEIGHT LIFTING (WOMEN) - 64 - 71 KG WOMEN OPEN

WOMEN OPEN

1	SHAIKHOM THOITHOI DEVI	KARNATAKA	110 Kgs
2	POOJA DEWANGAN	CHHATTISGARH	92 Kgs
3	KIRAN DIMRI	UTTARAKHAND	88 Kgs
4	PRIYA THAKUR	HIMACHAL PRADESH	87 Kgs

WEIGHT LIFTING (WOMEN) - 64 - 71 KG WOMEN VETERAN

WOMEN VETERAN

1	SARITA PAINKARA	CHHATTISGARH	85 Kgs
2	SHEMEENA P H	KERALA	76 Kgs
3	SURMILA KHANDATE	MADHYA PRADESH	69 Kgs
4	RUKMANI BHAGAT	MADHYA PRADESH	58 Kgs

WEIGHT LIFTING (WOMEN) - 71-76 KG WOMEN OPEN

WOMEN OPEN

1	ABISHA KUMARI S	TAMIL NADU	93 Kgs
2	MEENA DHURWEY	CHHATTISGARH	92 Kgs
3	VIDYA RAWAT	UTTARAKHAND	75 Kgs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
4	ASHIYA HUSSAIN	UTTAR PRADESH	64 Kgs
WEIGHT LIFTING (WOMEN) - 71-76 KG WOMEN VETERAN			
WOMEN VETERAN			
1	MEENA DHURWEY	CHHATTISGARH	92 Kgs
2	ALICE DHURVE	MADHYA PRADESH	50 Kgs
3	ESAKKIAMMAL S	TAMIL NADU	46 Kgs
WEIGHT LIFTING (WOMEN) - 76-81 KG WOMEN OPEN			
WOMEN OPEN			
1	LIKHITHA K U	KARNATAKA	105 Kgs
2	NARESHWARI DHURWEY	MADHYA PRADESH	94 Kgs
3	SELVI R	TAMIL NADU	65 Kgs
WEIGHT LIFTING (WOMEN) - 76-81 KG WOMEN VETERAN			
WOMEN VETERAN			
1	STYLO MANDAVI	CHHATTISGARH	44 Kgs
WEIGHT LIFTING (WOMEN) - 81-87 KG WOMEN OPEN			
WOMEN OPEN			
1	PRAJNA B	KARNATAKA	124 Kgs
2	SHWETA RANI	UTTAR PRADESH	87 Kgs
3	MAHESWARI V	TAMIL NADU	75 Kgs
4	MANJU KUMARI	HIMACHAL PRADESH	55 Kgs
WEIGHT LIFTING (WOMEN) - 81-87 KG WOMEN VETERAN			
WOMEN VETERAN			
1	TARVINDER KOUR	JAMMU AND KASHMIR	54 Kgs
2	MANDVI PANDEY	UTTAR PRADESH	40 Kgs
WEIGHT LIFTING (WOMEN) - ABOVE 87 KG WOMEN OPEN			
WOMEN OPEN			
1	NIVETHA T	KARNATAKA	170 Kgs
2	SAMTA DHIMAN	HARYANA	81 Kgs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	RITA DEVI	JHARKHAND	77 Kgs
4	RENU SINGH	UTTAR PRADESH	60 Kgs

WEIGHT LIFTING (WOMEN) - ABOVE 87 KG WOMEN VETERAN

WOMEN VETERAN

1	RITA DEVI	JHARKHAND	77 Kgs
2	RENU SINGH	UTTAR PRADESH	60 Kgs

INDOOR GAMES - CHESS CLASSIC MEN OPEN

MEN OPEN

1	KANNAN M V G IFS	KERALA	
2	M SANJAY KUMAR	ANDAMAN AND NICOBAR	
3	THOKCHOM AUTUMN MEITEI	MANIPUR	
4	MUKESH KUMAR YADAV	CHHATTISGARH	

INDOOR GAMES - CHESS CLASSIC WOMEN OPEN

WOMEN OPEN

1	SHRUTHI K	KARNATAKA	
2	B CHANDRAKALA	ANDAMAN AND NICOBAR	
3	ARTI PAWLE	CHHATTISGARH	
4	MAHALAXMI K KORANNAVAR	IGNFA AND DFE	

INDOOR GAMES - CHESS RAPID MEN OPEN

MEN OPEN

1	PANKAJ SURYAWANSHI	WEST BENGAL	
2	ANIKET AHIRWAR	IIFM	
3	NARENDRA SINGH	UTTARAKHAND	
4	ARVIND SHARMA	JAMMU AND KASHMIR	

INDOOR GAMES - CHESS RAPID WOMEN OPEN

WOMEN OPEN

1	ARTI PAWLE	CHHATTISGARH	
2	SHRUTHI K	KARNATAKA	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	MAHALAXMI K KORANAVAR	IGNFA AND DFE	
4	SNEHALAT NARGESH	MADHYA PRADESH	

INDOOR GAMES - CARROM (SINGLES) MEN OPEN

MEN OPEN

1	DILIP BATHAM	MADHYA PRADESH	
2	ARJUNA K R	MAHARASHTRA	
3	SONJIB KUMAR BAIRAGI	WEST BENGAL	
4	PRASHANTH KUMAR N	KARNATAKA	

INDOOR GAMES - CARROM (SINGLES) MEN VETERAN

MEN VETERAN

1	BADAL TAMANG	WEST BENGAL	
2	GS MUNGA	MIZORAM	
3	DR. JAWAID ASHRAF	ICFRE	

INDOOR GAMES - CARROM (SINGLES) MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	BADAL TAMANG	WEST BENGAL	
2	SHIVJI PANDEY	UTTAR PRADESH	
3	MP KHALID	ANDAMAN AND NICOBAR	
4	SHAILESH B WANKHEDE	MAHARASHTRA	

INDOOR GAMES - CARROM (SINGLES) WOMEN OPEN

WOMEN OPEN

1	SANJEETA GUPTA	CHHATTISGARH	
2	JH LALTHAR LIANI	MIZORAM	
3	BINDIA ROY	WEST BENGAL	
4	REMYA R	KERALA	

INDOOR GAMES - CARROM (SINGLES) WOMEN VETERAN

WOMEN VETERAN

1	SUBHRA BANERJEE	WEST BENGAL	
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POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
2	G PADMAVATHI	TELANGANA	
3	RENUKADEVI MASTEKAR	KARNATAKA	
4	BENDANG IENLA	NAGALAND	

INDOOR GAMES - CARROM (SINGLES) WOMEN SENIOR VETERAN

WOMEN SENIOR VETERAN

1	G PADMAVATHI	TELANGANA	
2	SUSHMA NETAM	CHHATTISGARH	
3	SUBHRA BANERJEE	WEST BENGAL	
4	SUMANA JAYANTH	KARNATAKA	

INDOOR GAMES - TABLE TENNIS (SINGLES) MEN OPEN

MEN OPEN

1	SHLOK SONI	CHHATTISGARH	
2	C VANLALRUATA	MIZORAM	
3	MUKESH BAGHEL	MADHYA PRADESH	
4	SILVANAS SHERPA	SIKKIM	

INDOOR GAMES - TABLE TENNIS (SINGLES) MEN VETERAN

MEN VETERAN

1	MUKESH BAGHEL	MADHYA PRADESH	
2	MOHAMMAD UBEED LANKER	JAMMU AND KASHMIR	
3	B M SHARMA	LADAKH	
4	ABHIJIT ROY CHOUDHURY	ASSAM	

INDOOR GAMES - TABLE TENNIS (SINGLES) MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	MOHD MUNAWWAR	MADHYA PRADESH	
2	NEERAJ KUMAR SHARMA	UTTARAKHAND	
3	B M SHARMA	LADAKH	
4	HIMANGSHU CHAKRABORTY	WEST BENGAL	

INDOOR GAMES - TABLE TENNIS (SINGLES) WOMEN OPEN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
WOMEN OPEN			
1	SURABHI MODI	CHHATTISGARH	
2	NINGOMBAM ANNA DEVI	MANIPUR	
3	H LALRINAWMI	MIZORAM	
4	PRIYANKA MADHWAL	UTTARAKHAND	
INDOOR GAMES - TABLE TENNIS (SINGLES) WOMEN VETERAN			
WOMEN VETERAN			
1	RUBI KAUR	MADHYA PRADESH	
2	LALBIAK NUNGI	MIZORAM	
3	REKHA RANI GUPTA	UTTAR PRADESH	
4	DAWA SANGMU SHERPA	WEST BENGAL	
INDOOR GAMES - TABLE TENNIS (SINGLES) WOMEN SENIOR VETERAN			
WOMEN SENIOR VETERAN			
1	RUBI KAUR	MADHYA PRADESH	
2	LALBIAK NUNGI	MIZORAM	
3	REKHA RANI GUPTA	UTTAR PRADESH	
INDOOR GAMES - BADMINTON (SINGLES) MEN OPEN			
MEN OPEN			
1	AYUSH MAKHIJA	CHHATTISGARH	
2	HIMANSHU TIWARI	UTTARAKHAND	
3	ANANDA CHANDRA HOTA	ODISHA	
4	RAMESH G	TAMIL NADU	
INDOOR GAMES - BADMINTON (SINGLES) MEN VETERAN			
MEN VETERAN			
1	ROBERTSON KOSHY	CHHATTISGARH	
2	RAJEEV V R	KERALA	
3	DILIP GURUNG	ARUNACHAL PRADESH	
4	DEEP CHANDRA PANDEY	UTTARAKHAND	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
INDOOR GAMES - BADMINTON (SINGLES) MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	GOLDENSTAR KHARBUKI	MEGHALAYA	
2	SURAJ SINGH SENDRAM	MADHYA PRADESH	
3	SANTHOSH K	KERALA	
4	ANIL KUMAR DWIVEDI	UTTAR PRADESH	
INDOOR GAMES - BADMINTON (SINGLES) WOMEN OPEN			
WOMEN OPEN			
1	RAMA DUTTA	CHHATTISGARH	
2	TARING YANIA	ARUNACHAL PRADESH	
3	MONIKA THAKUR	UTTARAKHAND	
4	KUMARI MANISHA	HIMACHAL PRADESH	
INDOOR GAMES - BADMINTON (SINGLES) WOMEN VETERAN			
WOMEN VETERAN			
1	JYOTI JOSHI	UTTARAKHAND	
2	SANGEETA RAJGOPALAN	CHHATTISGARH	
3	BENDANG IENLA	NAGALAND	
4	WANDALIN KHARSYNTIEW	MEGHALAYA	
INDOOR GAMES - BADMINTON (SINGLES) WOMEN SENIOR VETERAN			
WOMEN SENIOR VETERAN			
1	SANGEETA RAJGOPALAN	CHHATTISGARH	
2	TRESA RAJAN	KERALA	
3	NALINI SAXENA	MADHYA PRADESH	
4	HODA LYNGDOH	MEGHALAYA	
INDOOR GAMES - LAWN TENNIS (SINGLES) MEN OPEN			
MEN OPEN			
1	R TRINATH RAO	CHHATTISGARH	
2	RAMESH B R	KARNATAKA	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	ASHESH MISHRA	MADHYA PRADESH	
4	KARMA ZIMPA BHUTIA	JHARKHAND	

INDOOR GAMES - LAWN TENNIS (SINGLES) MEN VETERAN

MEN VETERAN

1	P ARUN PRASAD	CHHATTISGARH	
2	KARMA ZIMPA BHUTIA	JHARKHAND	
3	RAMESH B R	KARNATAKA	
4	SARAVANAKUMAR R	TAMIL NADU	

INDOOR GAMES - LAWN TENNIS (SINGLES) MEN SENIOR VETERAN

MEN SENIOR VETERAN

1	BIBHAS KUMAR THAKUR	MADHYA PRADESH	
2	LALIT MOHAN JOSHI	UTTARAKHAND	
3	BISHWAJIT MISHRA	KARNATAKA	
4	ALOK TIWARI	CHHATTISGARH	

INDOOR GAMES - LAWN TENNIS (SINGLES) WOMEN OPEN

WOMEN OPEN

1	PAKHI BHATT	CHHATTISGARH	
2	URMI BHARAT JANI	GUJARAT	
3	ANUBHUTI KRISHNA	WII	
4	SHILPI JAISWAL	MADHYA PRADESH	

INDOOR GAMES - LAWN TENNIS (SINGLES) WOMEN VETERAN

WOMEN VETERAN

1	SANDHYARANI GANESHRAJ BANDGAR	MAHARASHTRA	
2	JYOTI JOSHI	UTTARAKHAND	
3	NAMRATA DAHYABHAI ITALIAN	GUJARAT	
4	RUHI HAQUE	MADHYA PRADESH	

INDOOR GAMES - BILLIARDS (OPEN FOR ALL) MEN OPEN

MEN OPEN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	SUHAIL KHALID	JAMMU AND KASHMIR	
2	SANJAY SRIVASTAVA	JHARKHAND	
3	AKASH BALIAN	MADHYA PRADESH	
4	ANKUSH CHAUDHARI	UTTARAKHAND	

INDOOR GAMES - BILLIARDS (OPEN FOR ALL) WOMEN OPEN

WOMEN OPEN

1	AMRITA DUTTA	WEST BENGAL	
2	RAKHI NANDA	MADHYA PRADESH	
3	JYOTIBEN BANUSHANKAR JOSHI	GUJARAT	

INDOOR GAMES - SNOOKER (OPEN FOR ALL) MEN OPEN

MEN OPEN

1	YOUNIS NAZIR KUCHAY	JAMMU AND KASHMIR	
2	SUNEESH BABU	KARNATAKA	
3	SUMIT SINGH NEGI	UTTARAKHAND	
4	MOHD FARAZ	MADHYA PRADESH	

INDOOR GAMES - SNOOKER (OPEN FOR ALL) WOMEN OPEN

WOMEN OPEN

1	RAKHI NANDA	MADHYA PRADESH	
2	AMRITA DUTTA	WEST BENGAL	
3	DR. SAKKIRA BEGUM R	GUJARAT	
4	SATOVISHA SAMAJDAR	CHHATTISGARH	

INDOOR GAMES - SQUASH MEN OPEN

MEN OPEN

1	ANIMESH GOVERDHAN	CHHATTISGARH	
2	KASHYAP SHASHANK RAVI	TAMIL NADU	
3	EMRAN BAKSH	ANDAMAN AND NICOBAR	
4	TEJAS MARISWAMY	ASSAM	

INDOOR GAMES - SQUASH MEN VETERAN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
MEN VETERAN			
1	P ARUN PRASAD	CHHATTISGARH	
2	PARVEEN SHARMA	HARYANA	
3	BS ANNIGERI	MADHYA PRADESH	
4	S R NATESHA	JHARKHAND	
INDOOR GAMES - SQUASH MEN SENIOR VETERAN			
MEN SENIOR VETERAN			
1	SURESH GUPTA	RAJASTHAN	
2	BAL KISHOR LAKRA	CHHATTISGARH	
3	BS ANNIGERI	MADHYA PRADESH	
4	SUBHASH MELKHADE K	KARNATAKA	
INDOOR GAMES - QUIZ MEN OPEN			
MEN OPEN			
1	RANGANATHA RAMAKRISHNA	CHHATTISGARH	
2	ANUJ AGGARWAL	TELANGANA	
3	UTTAM KUMAR SUBUDDHI	MADHYA PRADESH	
FIELD GAMES - GOLF (A) INDIVIDUAL (GROSS SCORE) MEN OPEN			
MEN OPEN			
1	PRAVIR PANDEY	MOEF	
2	BASANTA RAJ KUMAR	PUNJAB	
3	SANTOSH KUMAR	MOEF	
4	VIJAY SHARMA IFS	KARNATAKA	
FIELD GAMES - GOLF (B) TEAM (2 PLAYERS, GROSS SCORE) MEN OPEN			
MEN OPEN			
1	AMITABH JAIN	CHHATTISGARH	
1	ANIL KUMAR SAHU	CHHATTISGARH	
2	MANOJ KUMAR	KARNATAKA	
2	VIJAY SHARMA IFS	KARNATAKA	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	ANKIT PANDEY	MADHYA PRADESH	
3	ASHOK KUMAR	MADHYA PRADESH	
4	SANTOSH KUMAR	MOEF	
4	SANTOSH TIWARI	MOEF	

RIFLE SHOOTING - RIFLE SHOOTING (THREE POSITION 50 MT) MEN OPEN

MEN OPEN

1	JOY THOMAS	KERALA	164 Points
2	NIJO P J	KERALA	160 Points
3	RAJITH T K	KARNATAKA	159 Points
4	MD SARFARAZ KHAN	CHHATTISGARH	151 Points

RIFLE SHOOTING - RIFLE SHOOTING (THREE POSITION 50 MT) MEN VETERAN

MEN VETERAN

1	JOY THOMAS	KERALA	164 Points
2	ANIL KUMAR SAHU	CHHATTISGARH	158 Points
3	SHIVANAND H R	KARNATAKA	144 Points
4	PAWAN KUMAR CHAUHAN	HIMACHAL PRADESH	144 Points

RIFLE SHOOTING - RIFLE SHOOTING (THREE POSITION 50 MT) WOMEN OPEN

WOMEN OPEN

1	JYOTHI K R	KARNATAKA	152 Points
2	MEGHA TIWARI	CHHATTISGARH	152 Points
3	KANAKBA HITENDRASINH RATHOD	GUJARAT	149 Points
4	ANAM BASIT	MADHYA PRADESH	139 Points

RIFLE SHOOTING - RIFLE SHOOTING (PRONE 50 MT) MEN OPEN

MEN OPEN

1	JOY THOMAS	KERALA	67 Points
2	HARIHARAN P	TAMIL NADU	65 Points
3	RAJITH T K	KARNATAKA	65 Points
4	PANKAJ RAJPUT	CHHATTISGARH	64 Points

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
RIFLE SHOOTING - RIFLE SHOOTING (PRONE 50 MT) MEN VETERAN			
MEN VETERAN			
1	JOY THOMAS	KERALA	67 Points
2	ANIL KUMAR SAHU	CHHATTISGARH	64 Points
3	ASHU SINGH	RAJASTHAN	60 Points
4	SHIVANAND H R	KARNATAKA	59 Points
RIFLE SHOOTING - RIFLE SHOOTING (PRONE 50 MT) WOMEN OPEN			
WOMEN OPEN			
1	MEGHA TIWARI	CHHATTISGARH	64 Points
2	KINJALBEN GOVINDBHAI CHAUDHARI	GUJARAT	57 Points
3	ANAM BASIT	MADHYA PRADESH	56 Points
4	RADHIKA KHUNTE	CHHATTISGARH	55 Points
POWER LIFTING (WOMEN) - UPTO 47 KG WOMEN OPEN			
WOMEN OPEN			
1	RAJMANI RAJWADE	CHHATTISGARH	12/225 Kgs
2	HIMANI DHANARE	MAHARASHTRA	9/215 Kgs
3	URMILA BURAGOHAIN	ASSAM	8/192.5 Kgs
4	NAVYA PANDEY	UTTARAKHAND	7/170 Kgs
POWER LIFTING (WOMEN) - UPTO 47 KG WOMEN VETERAN			
WOMEN VETERAN			
1	LATHA L	KERALA	157.5 Kgs
2	NANCY PRATIMA TIGGA	CHHATTISGARH	135 Kgs
POWER LIFTING (WOMEN) - 47-52 KG WOMEN OPEN			
WOMEN OPEN			
1	URMILA MARCO	CHHATTISGARH	245 Kgs
2	MADHUMITA GOGOI	ASSAM	210 Kgs
3	LALITA ARYA	UTTARAKHAND	207.5 Kgs
4	GOVINDI	UTTARAKHAND	202.5 Kgs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
POWER LIFTING (WOMEN) - 47-52 KG WOMEN VETERAN			
WOMEN VETERAN			
1	BINDHU R	KERALA	162.5 Kgs
POWER LIFTING (WOMEN) - 52-57 KG WOMEN OPEN			
WOMEN OPEN			
1	MANJU URVASHA	CHHATTISGARH	292.5 Kgs
2	NANDANI NETAM	CHHATTISGARH	232.5 Kgs
3	KAVITA BARMAN	MADHYA PRADESH	225 Kgs
4	SANGEETHA S	TAMIL NADU	220 Kgs
POWER LIFTING (WOMEN) - 52-57 KG WOMEN VETERAN			
WOMEN VETERAN			
1	KAVITA BARMAN	MADHYA PRADESH	225 Kgs
2	SAVITRI GIRI	UTTARAKHAND	195 Kgs
3	DHANALAKSHMI D	TAMIL NADU	157.5 Kgs
4	GITIKA DAS	ASSAM	155 Kgs
POWER LIFTING (WOMEN) - 57-63 KG WOMEN OPEN			
WOMEN OPEN			
1	NIRUPA SALAM	CHHATTISGARH	295 Kgs
2	NEETHULAKSHMI M IFS	KERALA	270 Kgs
3	DEEPA SHAH	UTTARAKHAND	257.5 Kgs
4	INDRANI BORGHAIN	ASSAM	252.5 Kgs
POWER LIFTING (WOMEN) - 57-63 KG WOMEN VETERAN			
WOMEN VETERAN			
1	SANTOSHI RATHIA	CHHATTISGARH	192.5 Kgs
POWER LIFTING (WOMEN) - 63-72 KG WOMEN OPEN			
WOMEN OPEN			
1	ANANTHI P	TAMIL NADU	340 Kgs
2	MEENA DHURWEY	CHHATTISGARH	312.5 Kgs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	SURMILA KHANDATE	MADHYA PRADESH	307.5 Kgs
4	KIRAN DIMRI	UTTARAKHAND	272.5 Kgs

POWER LIFTING (WOMEN) - 63-72 KG WOMEN VETERAN

WOMEN VETERAN

1	MEENA DHURWEY	CHHATTISGARH	312.5 Kgs
2	SURMILA KHANDATE	MADHYA PRADESH	307.5 Kgs
3	SARITA PAINKARA	CHHATTISGARH	265 Kgs
4	SHEMEENA P H	KERALA	257.5 Kgs

POWER LIFTING (WOMEN) - 72-84 KG WOMEN OPEN

WOMEN OPEN

1	NARESHWARI DHURWEY	MADHYA PRADESH	12/392.5 Kgs
2	PRAJNA B	KARNATAKA	9/345 Kgs
3	ABISHA KUMARI S	TAMIL NADU	8/322.5 Kgs
4	SHWETA RANI	UTTAR PRADESH	7/245 Kgs

POWER LIFTING (WOMEN) - 72-84 KG WOMEN VETERAN

WOMEN VETERAN

1	SANGEETA SAHARE	MADHYA PRADESH	207.5 Kgs
2	STYLO MANDAVI	CHHATTISGARH	202.5 Kgs
3	TARVINDER KOUR	JAMMU AND KASHMIR	180 Kgs
4	MANDVI PANDEY	UTTAR PRADESH	155 Kgs

POWER LIFTING (WOMEN) - ABOVE 84 KG WOMEN OPEN

WOMEN OPEN

1	NIVETHA T	KARNATAKA	360 Kgs
2	RITA DEVI	JHARKHAND	335 Kgs
3	MAHESWARI V	TAMIL NADU	237.5 Kgs
4	RENU SINGH	UTTAR PRADESH	220 Kgs

POWER LIFTING (WOMEN) - ABOVE 84 KG WOMEN VETERAN

WOMEN VETERAN

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	RITA DEVI	JHARKHAND	335 Kgs
2	RENU SINGH	UTTAR PRADESH	220 Kgs

CYCLING - CYCLING (25 KMS)* WOMEN OPEN

WOMEN OPEN

1	HETALBEN DHIRUBHAI ZEZARIYA	GUJARAT	
2	NAMRATA DAHYABHAI ITALIAN	GUJARAT	

CYCLING - CYCLING (40 KMS)* MEN OPEN

MEN OPEN

1	S K PATIL	MAHARASHTRA	
2	D K RAGHORATE	MAHARASHTRA	
3	GANVEER DHAMMSHIL SAMPAT	CHHATTISGARH	
4	SIDDARAMANNA R J	KARNATAKA	

CYCLING - CYCLING (40 KMS)* MEN VETERAN

MEN VETERAN

1	R C HAKIM	MAHARASHTRA	
2	SHIVNARAYAN TIWARI	MADHYA PRADESH	
3	JABBER SINGH	JHARKHAND	
4	PREM KUMAR	CHHATTISGARH	

ARCHERY - ARCHERY 30 MTR. MEN OPEN

MEN OPEN

1	P S JADHAV	MAHARASHTRA	346 Mtrs
2	MUKESHKUMAR GOPSINH PASAYA	GUJARAT	334 Mtrs
3	UNNI S M	KERALA	331 Mtrs
4	RAKESH A R	KERALA	329 Mtrs

ARCHERY - ARCHERY 30 MTR. WOMEN OPEN

WOMEN OPEN

1	RUCHI PATEL	MADHYA PRADESH	306 Mtrs
2	SEJALBEN NARANSINH DAMOR	GUJARAT	276 Mtrs

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	DEEPTHI JOLLY KUTTISSERY	KERALA	266 Mtrs
4	PRAMILA SAHU	CHHATTISGARH	252 Mtrs

ATHLETICS - 4X100 M RELAY

MEN OPEN

1	KRISHNA DUBEY ANIMESH KUJUR SHASHANK SHINDE KICHCHE MAHESH	CHHATTISGARH	44.22 Sec
2	BARNABASS S BENISH JAWAHAR JI SANTHOSH S RAJESH KUMAR M	TAMIL NADU	45.50 Sec
3	ATUL BASUMATARY ROHIT MALAKAR MD NUR AHMED AZIJUL HAQUE	ASSAM	45.90 Sec
4	KANNAN C AJEESH K T JITHU K K VISAKH V	KERALA	46.40 Sec

ATHLETICS - 4X100 M RELAY

MEN SENIOR VETERAN

1	JAYAKUMAR P R AMBILIKUTTAN P K RAMESH K P JAYAPRAKASHAN V	KERALA	55.57 Sec
2	HARADHAN BHOI PRIYADARSHI PRADHAN PURNA CHANDRA TRIPATHY KHAGESWAR MAJHI	ODISHA	58.87 Sec
3	AKBAR KHAN RAJENDRA SINGH PARIHAR A J MINJ KALDEV RAM PRADHAN	CHHATTISGARH	1:00.40 Sec
4	DAYANANDA R NAIK CHANDRAKANTHA S HUNDALEKAR BHASKAR B SHIVANNA NARAYAN GOUDA	KARNATAKA	1:01.30 Sec

ATHLETICS - 4X100 M RELAY

MEN VETERAN

1	SURENDRAN V MUHAMMEDALI K SANTHOSH T R RATHEESH KUMAR G	KERALA	50.81 Sec
2	VIJAY SINGH SOLANKI RAMKUMAR BAIGA MOHPAL SINGH UIKEY SANJAY PATHAK	MADHYA PRADESH	55.52 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	GANESH S NAIK PATREPPA B CHAVADAPPANAVA UMESH B R HEMANTHA D P	KARNATAKA	55.76 Sec
4	SIRNI SIMON BAXLA VIJAY KUMAR CHOUDHARY DINESH KUMAR TANDI LAKHMARAM MARAPI	CHHATTISGARH	55.26 Sec

ATHLETICS - 4X100 M RELAY

WOMEN OPEN

1	RENUKA SAHU BHARTI SAHU THOTA SANKEERTANA TARNIKA TETA	CHHATTISGARH	52.10 Sec
2	DEEPSHIKHA SAIKIA DRINKLE BRAHMA SANGHAMITRA PAUL BINKI CHAMUA	ASSAM	56.10 Sec
3	ROHINI L PATIL R C DHURVA PRANJALI KARANDE RAJSHREE NAGOSE	MAHARASHTRA	57.40 Sec
4	KRITIKA KRITIKA ANKITA ANKITA MANISHA THAKUR TALVI KAPOOR	HIMACHAL PRADESH	58.30 Sec

ATHLETICS - 4X100 M RELAY

WOMEN SENIOR VETERAN

1	SHYLAJA K A AMUDAVALLY P N SHAMLA V M CHINTHAMANI S	KERALA	1:18.03 Sec
2	GEETA HARCHANDANI SAROJ RAJPUT SHALINI RAINA NIRMALA TIRKEY	CHHATTISGARH	1:25.05 Sec
3	NAGARATHNA YANE NAGAMMA	KARNATAKA	1:32.19 Sec
4	URMILA VASUNIYA NAVNEETA PRADHAN GANGA BACHLE	MADHYA PRADESH	1:39.30 Sec

ATHLETICS - 4X100 M RELAY

WOMEN VETERAN

1	ANITA BHAGAT CHARULATA GAJPAL CHHAYA PATRAY ANITA KORRAM	CHHATTISGARH	1:05.92 Sec
2	GAOURY V R VALLIAMMA R ROSE MARY ANTONY ANITHA KUMARI D	KERALA	1:06.56 Sec

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	JINALBAHEN JOGESHBHAI BHATT MIRABEN JANUBHAI PADVI BARTHA KANTILAL GAMIT SHARMILA INDRAVADAN RATHVA	GUJARAT	1:14.00 Sec
4	SAROJ AHAKE RAMPYARI UIKEY BABITA PANDRE PUHSPLATA DANDEKAR	MADHYA PRADESH	1:18.39 Sec
INDOOR GAMES - CARROM (DOUBLES)			
MEN OPEN			
1	PRAFUL N CHINCHE ARJUNA K R	MAHARASHTRA	
2	ARUP MANTA KISHOR BAISHYA	ASSAM	
3	DILIP BATHAM CHETRAM BATHAM	MADHYA PRADESH	
4	NIKHIL AGRAWAL MOHAMMAD AZIM ULLAH	CHHATTISGARH	
INDOOR GAMES - CARROM (DOUBLES)			
MEN SENIOR VETERAN			
1	BADAL TAMANG BEN BAHADUR GURUNG	WEST BENGAL	
2	ASHARAM GHALE TARUN KUMAR PATRO	IIFM	
3	VARADARAJU H	KARNATAKA	
4	GHAZI KAMALUDDIN MOHD SHOUKATH	TELANGANA	
INDOOR GAMES - CARROM (DOUBLES)			
MEN VETERAN			
1	SONJIB KUMAR BAIRAGI CHANDAN KUMAR MUKHOPADHYAY	WEST BENGAL	
2	ASHARAM GHALE	IIFM	
3	MANJUNATH B R VARADARAJU H	KARNATAKA	
4	MD KALEEM UDDIN MOHD SHOUKATH	TELANGANA	
INDOOR GAMES - CARROM (DOUBLES)			
WOMEN OPEN			
1	JH LALTHAR LIANI MIRIAM HMANGAIHSANGI	MIZORAM	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
2	SANJEETA GUPTA PUSHPA SINGH	CHHATTISGARH	
3	DIPIKA MUKHERJEE BINDIA ROY	WEST BENGAL	
4	SARITA SRIVASTAVA KALPANA MALVIYA	MADHYA PRADESH	

INDOOR GAMES - CARROM (DOUBLES)

WOMEN SENIOR VETERAN

1	KALPANA MALVIYA SARITA SRIVASTAVA	MADHYA PRADESH	
2	SUMANA JAYANTH RENUKADEVI MASTEKAR	KARNATAKA	
3	DIPIKA MUKHERJEE SUBHRA BANERJEE	WEST BENGAL	

INDOOR GAMES - CARROM (DOUBLES)

WOMEN VETERAN

1	PUSHPA SINGH SANJEETA GUPTA	CHHATTISGARH	
2	DIPIKA MUKHERJEE BINDIA ROY	WEST BENGAL	
3	SUMANA JAYANTH RENUKADEVI MASTEKAR	KARNATAKA	
4	KALPANA MALVIYA SARITA SRIVASTAVA	MADHYA PRADESH	

INDOOR GAMES - TABLE TENNIS (DOUBLES)

MEN OPEN

1	SHLOK SONI KENEI MIACHIEO	CHHATTISGARH	
2	SHAILESH KUMAR VERMA MUKESH BAGHEL	MADHYA PRADESH	
3	C VANLALRUATA PC LALTANPUIA	MIZORAM	
4	SIPU KUMAR AMIT KUMAR	WII	

INDOOR GAMES - TABLE TENNIS (DOUBLES)

MEN SENIOR VETERAN

1	MOHD MUNAWWAR OM PRAKASH YADAV	MADHYA PRADESH	
2	NEERAJ KUMAR SHARMA PANKAJ KUMAR SHARMA	UTTARAKHAND	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
3	SANJAY KUMAR BHARTI GYANESH CHHIBBER	WII	
4	RAKESH SINGH NEGI JAG MOHAN SINGH BISHT	IGNFA AND DFE	

INDOOR GAMES - TABLE TENNIS (DOUBLES)

MEN VETERAN

1	MUKESH BAGHEL SHAILESH KUMAR VERMA	MADHYA PRADESH	
2	KENEI MIACHIEO RASHID MOHAMMAD ANSARI	CHHATTISGARH	
3	NEERAJ KUMAR SHARMA PANKAJ KUMAR SHARMA	UTTARAKHAND	
4	RAKESH SINGH NEGI JAG MOHAN SINGH BISHT	IGNFA AND DFE	

INDOOR GAMES - TABLE TENNIS (DOUBLES)

WOMEN OPEN

1	PRIYANKA MADHWAL VINEETA CHHIMWAL UPRETI	UTTARAKHAND	
2	ATHOKPAM RIYA DEVI NINGOMBAM ANNA DEVI	MANIPUR	
3	SURABHI MODI CHHAYA PATRAY	CHHATTISGARH	
4	H LALRINAWMI LALBIAK NUNGI	MIZORAM	

INDOOR GAMES - TABLE TENNIS (DOUBLES)

WOMEN SENIOR VETERAN

1	LALBIAK NUNGI R ZODIN PUII	MIZORAM	
2	PRIYANKA PANDEY ARTI PAWLE	CHHATTISGARH	
3	VANASHREE VIPIN SINGH SEEMA GARG IFS	KARNATAKA	

INDOOR GAMES - TABLE TENNIS (DOUBLES)

WOMEN VETERAN

1	RUBI KAUR SUSY JOSEPH	MADHYA PRADESH	
2	H LALRINAWMI R ZODIN PUII	MIZORAM	
3	SUSHAMA P SREEJA V S	KERALA	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
4	CHHAYA PATRAY NIKHAT PARVEEN ANSARI	CHHATTISGARH	

INDOOR GAMES - BADMINTON (DOUBLES)

MEN OPEN

1	HIMANSHU TIWARI MOHIT TIWARI	UTTARAKHAND	
2	DHANEESH A G PRASHOB K V	KERALA	
3	RAJIV KUMAR SINGH VISHWESH KUMAR	CHHATTISGARH	
4	RAMESH G SREEVALSAN S	TAMIL NADU	

INDOOR GAMES - BADMINTON (DOUBLES)

MEN SENIOR VETERAN

1	SANTHOSH K AJITH KUMAR R	KERALA	
2	PURANJOY SARMA SANKAR RAY	ASSAM	
3	DR. RAJESH SHARMA DR. PRAVEEN S RAWAT	ICFRE	
4	SISIR KUMAR MISHRA GOBINDA CHANDRA BISWAL	ODISHA	

INDOOR GAMES - BADMINTON (DOUBLES)

MEN VETERAN

1	DAULAT RAM MOHIT DUTTA	HIMACHAL PRADESH	
2	DILIP GURUNG MUDO ADO	ARUNACHAL PRADESH	
3	B KOTESWARA RAO PYDIRAJU V	ANDHRA PRADESH	
4	ANIL KUMAR DWIVEDI SAURABH PARAG	UTTAR PRADESH	

INDOOR GAMES - BADMINTON (DOUBLES)

WOMEN OPEN

1	RAMA DUTTA HARSHITA AGRAWAL	CHHATTISGARH	
2	TARING YANIA PEMA LADON	ARUNACHAL PRADESH	
3	JYOTI JOSHI MONIKA THAKUR	UTTARAKHAND	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
4	J PUSHPA SOWJANYA G KRISHNA PRIYA	ANDHRA PRADESH	

INDOOR GAMES - BADMINTON (DOUBLES)

WOMEN SENIOR VETERAN

1	SHALINI RAINA SANGEETA RAJGOPALAN	CHHATTISGARH	
2	SAMEETA RAJORA NALINI SAXENA	MADHYA PRADESH	
3	TRESA RAJAN MINIMOL AUGUSTIN	KERALA	
4	VANASHREE VIPIN SINGH SEEMA GARG IFS	KARNATAKA	

INDOOR GAMES - BADMINTON (DOUBLES)

WOMEN VETERAN

1	SANGEETA RAJGOPALAN NIRMALA TIRKEY	CHHATTISGARH	
2	G KRISHNA PRIYA J PUSHPA SOWJANYA	ANDHRA PRADESH	
3	TRESA RAJAN SHAJNA A	KERALA	
4	TANUSHREE BARUA SUSHMA DUTTA	MOEF	

INDOOR GAMES - LAWN TENNIS (DOUBLES)

MEN OPEN

1	ROHIN SANTIAGO R TRINATH RAO	CHHATTISGARH	
2	MOHIT SINGH RATHORE DEVENDRA SINGH BISHT	UTTARAKHAND	
3	DEVENDRA PRATAP JAGAWAT ABHIMANYU SAHARAN	RAJASTHAN	
4	RUPAK BHARATBHAI SOLANKI HARDIK KACHARABHAI CHAUDHARY	GUJARAT	

INDOOR GAMES - LAWN TENNIS (DOUBLES)

MEN SENIOR VETERAN

1	AJAY KUMAR YADAV BIBHAS KUMAR THAKUR	MADHYA PRADESH	
2	LALIT MOHAN JOSHI RAKESH NEGI	UTTARAKHAND	
3	YATISHKUMAR D BISHWAJIT MISHRA	KARNATAKA	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
4	DR. RAJESH SHARMA DR. PRAVEEN S RAWAT	ICFRE	

INDOOR GAMES - LAWN TENNIS (DOUBLES)

MEN VETERAN

1	BIBHAS KUMAR THAKUR PRAFULNIRAJ FULZELE	MADHYA PRADESH	
2	RAMESH B R BISHWAJIT MISHRA	KARNATAKA	
3	DEVENDRA SINGH BISHT MOHIT SINGH RATHORE	UTTARAKHAND	
4	DEVENDRA PRATAP JAGAWAT	RAJASTHAN	

INDOOR GAMES - LAWN TENNIS (DOUBLES)

WOMEN OPEN

1	PAKHI BHATT HARSHITA AGRAWAL	CHHATTISGARH	
2	SANDHYARANI GANESHRAJ BANDGAR NAMRATA AATMARAM HIRE	MAHARASHTRA	
3	URMI BHARAT JANI KINJAL KANTIBHAI PATEL	GUJARAT	
4	SHILPI JAISWAL RUHI HAQUE	MADHYA PRADESH	

INDOOR GAMES - LAWN TENNIS (DOUBLES)

WOMEN VETERAN

1	SANGEETA RAJGOPALAN NIRMALA TIRKEY	CHHATTISGARH	
2	S A GHUTE SANDHYARANI GANESHRAJ BANDGAR	MAHARASHTRA	
3	SUDHA S V NETHRAVATHI B	KARNATAKA	
4	RUHI HAQUE NALINI SAXENA	MADHYA PRADESH	

INDOOR GAMES - BRIDGE TEAM DUPLICATE

MEN OPEN

1	A P SINHA PRAKHAR MISHRA SAMIR KUMAR SHESH NARAYAN MISHRA TULSI DAS NEERAJ KUMAR	UTTAR PRADESH	
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POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
2	PREMKUMAR JHA SUDHIR KUMAR TRIPATHY SISIR KUMAR PATNAIK GOURI SHANKAR DAS AJIT SATPATHY PRASANT KUMAR PANDA	ODISHA	
3	RAKESH ROY ASOK KR BAG KRISHNAPADA MANDAL DILIP KUMAR BISWAS TAPAS SEN SUKUMAR HALDER	WEST BENGAL	
4	HARI SHANKAR MOHANTA NAVEEN GARG MANOJ KUMAR AGRAWAL DINESH KUMAR PATEL ASEEM SHRIVASTAVA	MADHYA PRADESH	

INDOOR GAMES - BRIDGE TEAM DUPLICATE

WOMEN OPEN

4	KAMALIKA MOHANTA	MADHYA PRADESH	
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INDOOR GAMES - BRIDGE MASTER PAIR

MEN OPEN

1	A P SINHA PRAKHAR MISHRA SAMIR KUMAR NEERAJ KUMAR	UTTAR PRADESH	
2	HARI SHANKAR MOHANTA NAVEEN GARG DINESH KUMAR PATEL	MADHYA PRADESH	
3	RAKESH ROY ASOK KR BAG KRISHNAPADA MANDAL DILIP KUMAR BISWAS	WEST BENGAL	
4	ATUL SIRSIKAR RAVINDER DHANKAR M S MALIK VIRENDER GILL	HARYANA	

INDOOR GAMES - PROGRESSIVE BRIDGE

MEN OPEN

1	RAKESH ROY ASOK KR BAG KRISHNAPADA MANDAL DILIP KUMAR BISWAS	WEST BENGAL	
2	HARI SHANKAR MOHANTA NAVEEN GARG DINESH KUMAR PATEL	MADHYA PRADESH	
3	SUDHIR KUMAR TRIPATHY SISIR KUMAR PATNAIK GOURI SHANKAR DAS PRASANT KUMAR PANDA	ODISHA	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
4	AWADHESH KUMAR PARITOSH UPADHAYAY SATISH CHANDRA RAI ARVIND KUMAR	JHARKHAND	
INDOOR GAMES - PROGRESSIVE BRIDGE			
WOMEN OPEN			
2	KAMALIKA MOHANTA	MADHYA PRADESH	
INDOOR GAMES - CARROM (MIXED DOUBLES))			
MIXED DOUBLE OPEN			
1	Dilip Batham Chhaya Assudani	Madhya Pradesh	
2	Praful N Chinche Sapna M Thamke	Maharashtra	
3	PRASHANTH KUMAR N Shruthi K	Karnataka	
4	GS MUNGA JH LALTHAR LIANI	Mizoram	
INDOOR GAMES - CARROM (MIXED DOUBLES))			
MIXED DOUBLE SENIOR VETERAN			
1	Subhra Banerjee Kaushik Kumar Maji	West Bengal	
2	SUMANA JAYANTH MANJUNATH B R	Karnataka	
3	Chhaya Assudani Chetram Batham	Madhya Pradesh	
4	G Padmavathi Ghazi Kamaluddin	Telangana	
INDOOR GAMES - CARROM (MIXED DOUBLES))			
MIXED DOUBLE VETERAN			
1	Mool Chand Sharma PUSHPA SINGH	Chhattisgarh	
2	GS MUNGA JH LALTHAR LIANI	Mizoram	
3	Kaushik Kumar Maji Subhra Banerjee	West Bengal	
4	Venkatesh Sambangi Prasuna G A P	Andhra Pradesh	
INDOOR GAMES - TABLE TENNIS (MIXED DOUBLES)			
MIXED DOUBLE OPEN			
1	SHLOK SONI SURABHI MODI	Chhattisgarh	
2	C VANLALRUATA H LALRINAWMI	Mizoram	
3	Neeraj Kumar Sharma VINEETA CHHIMWAL UPRETI	Uttarakhand	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
4	ANIRBAN DEY Vandana Negi	ICFRE	
INDOOR GAMES - TABLE TENNIS (MIXED DOUBLES)			
MIXED DOUBLE SENIOR VETERAN			
1	Mohd Munawwar Rubi Kaur	Madhya Pradesh	
2	Atul Kant Shukla Rekha Rani Gupta	Uttar Pradesh	
3	VIMAL M MINIMOL AUGUSTIN	Kerala	
INDOOR GAMES - TABLE TENNIS (MIXED DOUBLES)			
MIXED DOUBLE VETERAN			
1	Mukesh Baghel Rubi Kaur	Madhya Pradesh	
2	Atul Kant Shukla Rekha Rani Gupta	Uttar Pradesh	
3	VIMAL M SUSHAMA P	Kerala	
4	G Rama Kanth Shivani Dogra	Telangana	
INDOOR GAMES - BADMINTON (MIXED DOUBLES)			
MIXED DOUBLE OPEN			
1	AYUSH MAKHIJA HARSHITA AGRAWAL	Chhattisgarh	
2	Mohit Tiwari Monika Thakur	Uttarakhand	
3	Prashob K V DONA K AUGUSTINE	Kerala	
4	RAMESH G ARUNASRI CS	Tamil Nadu	
INDOOR GAMES - BADMINTON (MIXED DOUBLES)			
MIXED DOUBLE SENIOR VETERAN			
1	SANTHOSH K Tresa Rajan	Kerala	
2	BAL KISHOR LAKRA NIRMALA TIRKEY	Chhattisgarh	
3	Anil Kumar Dwivedi Rekha Rani Gupta	Uttar Pradesh	
INDOOR GAMES - BADMINTON (MIXED DOUBLES)			
MIXED DOUBLE VETERAN			
1	Deep Chandra Pandey Jyoti Joshi	Uttarakhand	
2	Goldenstar Kharbuki Wandalin Kharsyntiew	Meghalaya	
3	Mudo Ado Pema Ladon	Arunachal Pradesh	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
4	T Aochuba Bendang ienla	Nagaland	
INDOOR GAMES - LAWN TENNIS (MIXED DOUBLES)			
MIXED DOUBLE OPEN			
1	R TRINATH RAO PAKHI BHATT	Chhattisgarh	
2	Ashesh Mishra Shilpi Jaiswal	Madhya Pradesh	
3	SARAVANAKUMAR R SENBANGAPRIYA S	Tamil Nadu	
4	Rupak Bharatbhai Solanki Urmi Bharat Jani	Gujarat	
INDOOR GAMES - LAWN TENNIS (MIXED DOUBLES)			
MIXED DOUBLE VETERAN			
1	Lalit Mohan Joshi Jyoti Joshi	Uttarakhand	
2	TEJESWAR B DHARIYANAVAR Nethravathi B	Karnataka	
3	Ajay Kumar Yadav Ruhi Haque	Madhya Pradesh	
4	P ARUN PRASAD STYLO MANDAVI	Chhattisgarh	
FIELD GAMES			
FIELD GAMES - GOLF (B) TEAM (2 PLAYERS, GROSS SCORE)			
MEN OPEN			
1	CHHATTISGARH TEAM	CHHATTISGARH	
2	KARNATAKA TEAM	KARNATAKA	
3	MADHYA PRADESH TEAM	MADHYA PRADESH	
4	MOEF TEAM	MOEF	
FIELD GAMES - CRICKET			
MEN OPEN			
1	CHHATTISGARH TEAM	CHHATTISGARH	
2	JAMMU AND KASHMIR TEAM	JAMMU AND KASHMIR	
3	RAJASTHAN TEAM	RAJASTHAN	
4	KARNATAKA TEAM	KARNATAKA	
FIELD GAMES - HOCKEY			
MEN OPEN			

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
1	KARNATAKA TEAM	KARNATAKA	
2	ODISHA TEAM	ODISHA	
3	CHHATTISGARH TEAM	CHHATTISGARH	
4	TAMIL NADU TEAM	TAMIL NADU	

FIELD GAMES - KABADDI

MEN OPEN

1	TAMIL NADU TEAM	TAMIL NADU	
2	CHHATTISGARH TEAM	CHHATTISGARH	
3	KARNATAKA TEAM	KARNATAKA	
4	HARYANA TEAM	HARYANA	

FIELD GAMES - KABADDI

WOMEN OPEN

1	CHHATTISGARH TEAM	CHHATTISGARH	
2	KARNATAKA TEAM	KARNATAKA	
3	HIMACHAL PRADESH TEAM	HIMACHAL PRADESH	
4	GUJARAT TEAM	GUJARAT	

FIELD GAMES - VOLLEYBALL

MEN OPEN

1	TAMIL NADU TEAM	TAMIL NADU	
2	KARNATAKA TEAM	KARNATAKA	
3	HIMACHAL PRADESH TEAM	HIMACHAL PRADESH	
4	TELANGANA TEAM	TELANGANA	

FIELD GAMES - VOLLEYBALL

WOMEN OPEN

1	KARNATAKA TEAM	KARNATAKA	
2	HIMACHAL PRADESH TEAM	HIMACHAL PRADESH	
3	MAHARASHTRA TEAM	MAHARASHTRA	
4	ANDHRA PRADESH TEAM	ANDHRA PRADESH	

POSITION	NAME OF THE PLAYER	STATE / INSTITUTION	RECORD
FIELD GAMES - BASKETBALL			
MEN OPEN			
1	KARNATAKA TEAM	KARNATAKA	
2	CHHATTISGARH TEAM	CHHATTISGARH	
3	HIMACHAL PRADESH TEAM	HIMACHAL PRADESH	
4	TAMIL NADU TEAM	TAMIL NADU	
FIELD GAMES - BASKETBALL			
WOMEN OPEN			
1	CHHATTISGARH TEAM	CHHATTISGARH	
2	HIMACHAL PRADESH TEAM	HIMACHAL PRADESH	
3	KARNATAKA TEAM	KARNATAKA	
4	MEGHALAYA TEAM	MEGHALAYA	
FIELD GAMES - FOOTBALL			
MEN OPEN			
1	ASSAM TEAM	ASSAM	
2	SIKKIM TEAM	SIKKIM	
3	MANIPUR TEAM	MANIPUR	
4	MADHYA PRADESH TEAM	MADHYA PRADESH	
FIELD GAMES - TUG OF WAR			
MEN OPEN			
1	PUNJAB TEAM	PUNJAB	
2	HARYANA TEAM	HARYANA	
3	CHANDIGARH TEAM	CHANDIGARH	
4	JAMMU AND KASHMIR TEAM	JAMMU AND KASHMIR	